

Kimberly Gallegos Ph.D., MSW

Curriculum Vitae

EDUCATION

- Doctor of Philosophy in Social Work** August 2004
University of Texas
Austin, Texas
Dissertation: Prenatal Alcohol Consumption: A Risk-Protective Model
Chair: Dr. Diana DiNitto
- Master of Science in Social Work** May 1992
University of Texas
Austin, Texas
Concentration: Administration and Planning
- Bachelor of Arts, Magna Cum Laude** December 1989
Southwestern University
Georgetown, Texas
Major: Sociology

ACADEMIC APPOINTMENTS

- Worden School Director** August 2024 - Present
Worden School of Social Service
Our Lady of the Lake University
San Antonio, TX
- Interim Salud Center Manager** November 2024 - Present
Our Lady of the Lake University
San Antonio, TX
- Interim Worden School Director** August 2023 – August 2024
Worden School of Social Service
Our Lady of the Lake University
San Antonio, TX
- BSW Program Director** June 2019 - June 2024
Worden School of Social Service
Our Lady of the Lake University
San Antonio, TX
- Oversight of all BSW programs – San Antonio, RGV, Online

- Oversight of all BSW Student Advising
- Faculty consultation on BSW student issues/concerns
- Participation on Worden Leadership Committee
- Development and delivery of OLLU and WSSS BSW Presentations
- Maintaining BSW CSWE accreditation
- Serve as BSW Committee Chair
- Oversight of BSW Curriculum
- Maintenance of BSW Student Handbook
- Submission of approved/needed curricular changes (Curriculog)
- Hiring and oversight of BSW Adjunct Faculty
- Plan BSW Course schedule
- BSW Program evaluation
- Plan and facilitate BSW Orientation Sessions

Professor

August 2026 - Present

Associate Professor

August 2022 - Present

Assistant Professor

August 2018 – July 2022

Worden School of Social Service

Our Lady of the Lake University

San Antonio, Texas

- Teach undergraduate and graduate courses
- Design and develop courses
- Serve on school, university and community committees
- Plan and implement research projects
- Produce scholarly publications and presentations
- Provide formal student academic advising
- Plan and lead student and community events

Assistant Professor

August 2006 - May 2012

School of Social Work

Baylor University

Waco, Texas

- Taught undergraduate and graduate courses
- Created and updated course syllabi
- Planned and implemented research projects
- Published in peer-reviewed journals
- Oversaw student research projects
- Delivered presentations at professional conferences
- Advised and mentored students
- Participated in organizational and community committees

Adjunct Faculty

August 2005 - May 2006

School of Social Work

Baylor University
Waco, Texas

- Taught undergraduate and graduate courses
- Created and updated course syllabi

Post-Doctoral Research Fellow
Center for Social Work Research
University of Texas
Austin, Texas

August 2004 - May 2005

- Assisted faculty on research projects
- Participated in writing research reports
- Designed school marketing brochures

Adjunct Faculty
Temple College
Temple, Texas

January - May 2003

- Taught Introduction to Social Work undergraduate course

Teaching Assistant for Ph.D. Data Analysis I
School of Social work
University of Texas
Austin, Texas

August - December 2002

- Assisted in teaching doctoral research course
- Provided support to doctoral students analyzing and interpreting data

Adjunct Faculty
University of Mary Hardin Baylor
Belton, Texas

August 1999 - May 2000

- Taught Social Work Research and Social Work Policy undergraduate courses

PROFESSIONAL CLINICAL EXPERIENCE

Behavioral Health Therapist
Connell & Associates
Killeen, Texas

June 2014 - June 2018

- Provided outpatient behavioral health therapy to active-duty service members, veterans and their dependents
- Maintained accurate and timely documentation
- Scheduled client visits
- Made appropriate community referrals
- Maintained credentialing with Tricare

Behavioral Health Therapist

July 2013 - June 2014

Zeitgeist Wellness Group
Killeen, Texas

- Provided individual, couple and family therapy
- Maintained accurate and timely documentation
- Scheduled and maintained client schedule
- Made appropriate community referrals
- Established and maintained credentialing with insurance companies

Clinical Social Worker

May 1992 --October 2000

Scott & White Memorial Hospital & Clinic
Temple, Texas

- Completed individual and family biopsychosocial assessments
- Designed and recommended treatment plans in accordance with interdisciplinary medical teams
- Provided individual and family counseling
- Made appropriate and timely community referrals
- Facilitated complex discharge plans
- Provided case management services
- Planned and facilitated meetings between medical staff and patients/family
- Provided orientation and training to new medical personnel
- Revised and created department policies and procedures
- Compiled departmental quality assurance and statistical reports
- Supervised social work student interns
- Participated in departmental, hospital and community committees

SERVICE TO STUDENTS: TEACHING

Our Lady of the Lake University

Spring 2026

6347 Evaluation of Social Work Practice

Fall 2025

3312 Principles of Generalist Practice II

6325 Generalist Practice with Organizations and Communities

Summer 2025

3312 Principles of Generalist Practice II

6347 Evaluation of Social Work Practice

2190 Human Trafficking (Directed Study)

Spring 2025

3355	Human Trafficking
5314/4452/4552	Generalist Practice
2190	Adoption Trafficking (Directed Study)
2190	Domestic Minor Sex Trafficking (Directed Study)

Fall 2024

3355	Human Trafficking
3312	Principles of Generalist Practice II (Directed Study)
4483	Social Work Research Methods

Summer 2024

3355	Human Trafficking
4483	Social Work Research Methods
2190	Adoption Trafficking (Directed Study)

Spring 2024

3355	Human Trafficking
3355	Human Trafficking (redesign)
4483	Social Work Research Methods (Directed Study)

Fall 2023

5314/4452/4552	Generalist Practice
3355	Human Trafficking
2190	Domestic Minor Sex Trafficking (Directed Study)

Summer 2023

6347	Evaluation of Social Work Practice
4483	Social Work Research Methods
2190	Adoption Trafficking (Directed Study)

Spring 2023

5314	Generalist Practice
3355	Human Trafficking
2190	Immigration (Directed Study)

Fall 2022

9171	Dissertation Research
6347	Evaluation of Social Work Practice
4483	Social Work Research Methods
INDS 1311	Applications of Learning

Summer 2022

9171	Dissertation Research
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6347 Evaluation of Social Work Practice
3355 Human Trafficking
2190 Human Trafficking (Directed Study)
2190 Adoption Trafficking (Directed Study)

Spring 2022

9390 Dissertation IV
9395 Colloquium
6347 Evaluation of Social Work Practice
6347 Evaluation of Social Work Practice
INDS 1311 Applications of Learning
2190 Domestic Minor Sex Trafficking (Directed Study)
2190 Human Trafficking (Directed Study)
2190 Human Trafficking in the U.S. (Directed Study)
5314 Generalist Practice (2 students with Incompletes)

Fall 2021

9372 Dissertation II
4483 Social Work Research Methods
INDS 1311 Applications of Learning
2190 Adoption Trafficking (Directed Study)
3355 Human Trafficking (Course Development)

Summer 2021

9372 Dissertation I
6347 Evaluation of Social Work Practice
4483 Social Work Research Methods
2190 Human Trafficking (Directed Study)

Spring 2021

6347 Evaluation of Social Work Practice
6347 Evaluation of Social Work Practice
2190 Minor Sex Trafficking (Directed Study)

Fall 2020

3311 Principles of Generalist Practice I
6347 Evaluation of Social Work Practice
6347 Evaluation of Social Work Practice

Summer 2020

6347 Evaluation of Social Work Practice

Spring 2020

4380 Human Trafficking

6347 Evaluation of Social Work Practice
4383 Social Work Research Methods (course redesign)
NSO New Student Orientation (course development)

Fall 2019

6347 Evaluation of Social Work Practice
3311 Principles of Generalist Practice
4380 Human Trafficking (first time elective offering)

Summer 2019

7321 Social Work Practice with Hispanic Families

Spring 2019

6347 Evaluation of Social Work Practice
6347 Evaluation of Social Work Practice
6325 Generalist Practice with Organizations and Communities
3311 Principles of Generalist Practice
2190 Minor Sex Trafficking (Directed Study Course)

Fall 2018

7328 Social Work Practice with Hispanic Youth
6332 HBSE: Individuals and Families
6332 HBSE: Individuals and Families

Baylor University

Spring 2012

5381 Research for Social Work Practice
4492 Social Work Internship II

Fall 2011

4491 Social Work Internship I
3301 Research for Social Work Practice
5380/4370 Human Trafficking Elective

Summer 2011

5370 Human Trafficking in Cambodia

Spring 2011

5398 Senior Capstone Seminar
5381 Research for Social Work Practice
3301 Research for Social Work Practice

Fall 2010

4491 Social Work Internship I

3301	Research for Social Work Practice
1000	University Freshman Seminar
<u>Spring 2010</u>	
5398	Senior Capstone Seminar
5370	Human Trafficking Elective
3301	Research for Social Work Practice
<u>Fall 2009</u>	
5381	Research for Social Work Practice
5380/4370	Human Trafficking Elective
3301	Research for Social Work Practice
<u>Summer 2009</u>	
4370	Human Trafficking Elective
<u>Spring 2009</u>	
5380/4380	Human Trafficking Elective
3301	Research for Social Work Practice
<u>Fall 2008</u>	
5381	Research for Social Work Practice
5370/4370	Human Trafficking Elective
4491	Social Work Internship I
3301	Research for Social Work Practice
<u>Spring 2008</u>	
5322	Social Work Policy & Services
5370/4370	Human Trafficking Elective
4492	Social Work Internship II
3301	Research for Social Work Practice
<u>Fall 2007</u>	
5381	Research for Social Work Practice
3301	Research for Social Work Practice
<u>Summer 2007</u>	
5302	Social Work Research and Macro Practice
5301	Human Behavior and the Social Environment
<u>Spring 2007</u>	
5383	Research Project
4491	Social Work Internship I
3301	Research for Social Work Practice

Fall 2006

5334 Family Resilience and Crises
3301 Research for Social Work Practice

Summer 2006

5301 Human Behavior and the Social Environment
2321 Introduction to Social Work

Spring 2006

5794 Advanced Internship III

Fall 2005

5194 Introduction to Advanced Internship
4491 Social Work Internship I
3351 Human Behavior and the Social Environment

Temple College

Spring 2003

Introduction to Social Work (undergraduate)

University of Mary Hardin Baylor

Spring 2000

Social Work Policy (undergraduate)

Fall 1999

Social Work Research (undergraduate)

SERVICE TO STUDENTS OTHER THAN TEACHING

Our Lady of the Lake

- Lake Days Orientation Summer 2025
- Ph.D. Student Dissertation Committee Member (R Dollinger) Aug 2025 - Present
- Dissertation Chair Ph.D. Social Work Student (R Malecha) May 2025 - Present
- Ph.D. Graduate Dinner Celebration May 2025
- Ph.D. Student Welcome Session May 2025
- Hosted Meet & Greet at Worden for Graduation May 2025
- Ph.D. Comprehensive Exam Committee Member Mar 2023 - Present
- Discover OLLU Day! Oct 2024
- Director Virtual Chat with BSW Students Oct 2024
- OL BSW Virtual Open House July 2024
- Ph.D. Student Summer Residency July 2024
- Worden Graduation Meet & Greet May 2024

- Veteran’s Graduation Ceremony May 2024
- Lake Days Orientation Summer 2024
- Worden Graduation Meet & Greet Dec 2023
- Veteran’s Graduation Ceremony Dec 2023
- Comprehensive Exam Committee Member for Ph.D. Students Fall - Present
- Lake Days Orientation Summer 2023
- Moderator at Screening of Human Trafficking Documentary “Surviving Sex Trafficking” Sponsored by WSWO and CWCS Apr 2023
- Moderator at Screening of Human Trafficking Documentary “Sold” Sponsored by WSWO and CWCS Jan 2022
- WSWO Human Trafficking Series Speaker and Moderator Spring - Fall 2022
- McNair Poster Presentation Judge April 2022
- Mentor for Ph.D. student Spring 2022
- Served as Field Instructor for BSW Field Students Spring 2022
- Dissertation Committee Member (C Bakke) Spring 2022 – Spring 2023
- Dissertation Committee Member (J Vasquez) June 2021 – April 2022
- Dissertation Chair Ph.D. Social Work Student (S Howell) May 2021 – Dec 2022
- Inaugural Wings Up Employee Giving Member 2020 - 2021
- Served as Field Instructor for BSW Field Student Spring 2021
- Dissertation Committee Member PhD Social Work Students Fall 2020- Present
- Served as Field Instructor for BSW Field Student Fall 2020
- BSW Chat with the Directors March 2020
- BSW Orientation to the Program Fall 2019 - Present
- Attended Lavender Graduation May 2019
- Directed study course instructor for Minor Sex Trafficking class Spring 2019
- Graduate Research Assistant Supervisor Spring 2019 - Present
- BSW Student Advisor Oct 2018 – Present
- Dissertation Committee Member (external) 2017 - 2019
Tiffany Wicks, Ed.D., John Hopkins University

Baylor University

- Dissertation Committee Member 2011 - 2012
Eli Yuvarajan, Ph.D., Clinical Psychology
Clergy sexual abuse
- Graduate Student Faculty Supervisor 2011 -2012
3 MSW students receiving Women’s Missionary Union funds
to complete research on sex trafficking of minors in the U.S.
- Human Trafficking Cambodia Mission Trip Leader 2011
- Guest Lecturer in HED course on human trafficking 2011
- Statistics Consultant 2011
2 University of Mary Hardin Baylor Doctoral students
- Faculty Sponsor, Not For Sale Student Organization 2010 - 2012

- Graduate Student Faculty Supervisor 2010 - 2011
2 MSW students receiving Women’s Missionary Union funds to complete research on sex trafficking of minors in the U.S.
- Graduate Thesis Committee Member 2010
Rachel Wilson, Church-State Studies
- Baylor University 1000 Instructor 2010
- Speaker for Baylor Law School on Human Trafficking 2010
- Advisor to Baylor Spiritual Life on Human Trafficking Mission Trip to Los Angeles 2009 - 2010
- MSW Student Advisor 2006 - 2012
- BSW Student Advisor 2006 - 2012
- Baylor Greeter 2007
- Faculty Advisor, NASW Baylor Chapter 2006 – 2008

SERVICE TO DISCIPLINE: RESEARCH AND FUNDING

Principal Investigator 2024 - Present

Since the data used for this project belongs to OLLU, IRB approval was not needed for “An Analysis of the History of the Worden School at Our Lady of the Lake University”, but rather a Data Use Agreement Letter. This project entails analyzing both qualitative and quantitative data from multiple artifacts found in the Worden School, including student applications dating back to 1942.

Awarded Amount: \$1000

Awarded By: OLLU Office of Academic Affairs

Funding received to purchase items to preserve and present artifacts.

Co-Investigator with Drs. Alicia Hawley-Bernardez, Joy Patton, and Kathy Phoenix 2024 - 2025

In February, the OLLU IRB approved the study “Beyond the Classroom: Social Work Student Perspectives on the Transformative Impact of Advocacy Day Events”. The purpose of this study is to assess how the events relating to a social work Advocacy Day at the capital influence students' perceptions and contribute to the development of knowledge and skills related to advocacy. The study addresses research questions focused on the specific ways in which advocacy day events impact students' understanding of social work advocacy.

Co-Investigator with Drs. Alicia Hawley-Bernardez and Joy Patton 2020 - 2021

In the midst of COVID in the Fall of 2020, the researchers created a survey of student to explore their perceptions of beneficial teaching strategies that supported their success in largely remote learning platforms. The original intent was for professional development; however, a subsequent IRB application was submitted to use the data for purposes of professional

presentations and/or publications. IRB approval was obtained in January 2021.

Evaluator

Wrote the evaluation section for “Family, Relationship, and Marriage Education Works – Adults” 5-year grant proposal (HHS-2020-ACF-OFA-ZB-1817) which was submitted to the Administration for Children and Families by Bexar County Family Services (BCFS) in July 2020. Principal Investigator was Susan Rosas with BCFS. (unfunded)

Evaluator

Wrote the evaluation section for the TRIO Student Support Services 5-year grant proposal which was submitted to the U.S. Department of Education in January 2020. Principal Investigator was Kate Solis. (unfunded)

Principal Investigator

2018 - 2020

Obtained IRB approval for project entitled “An Analysis of Domestic Minor Sex Trafficking Cases in the U.S.”. This project entails identifying and analyzing known cases of minor sex trafficking in the U.S. for multiple purposes including understanding the demographics and risk factors of this population.

Awarded Amount: \$800

Awarded By: OLLU Office of Academic Affairs

Funding received to support Graduate Research Assistant Summer 2019

Co-Investigator with Dr. Cynthia Harr

June 2010 - July 2011

Project Title: Evaluation of Legacy Family Ministries Project

Awarded Amount: \$4500

Awarded By: Baylor University Research Committee

Funding received to evaluate the effectiveness of a local faith-based premarital education program.

Co-Investigator with Dr. Cynthia Harr

January - August 2009

Project Title: Together in Texas Project

Awarded Amount: \$50,000

Awarded By: Lutheran Social Services of the South

Funding received to conduct and evaluate marriage education workshops in a 5-county region of Central Texas.

Co-Program Evaluator with Dr. Preston Dyer

October 2006 - September 2011

Project Title: Hispanic Active Relationships Program

Awarded Amount: \$272,055 for the evaluation component on a \$2.5 million award.

Awarded By: USDHHS Administration for Children and Families and Active Relationship Center in Dallas, TX

Funding received to conduct an evaluation of this marriage and relationship strengthening program for the Hispanic population in Cameron County, TX.

Co-Program Evaluator with Dr. Preston Dyer 2005 - 2006
Project Title: Active Military Life Skills Program
Evaluated of the success of the Active Relationships Mastery Series with 25 active duty United States Air Force personnel and their spouses.

Co-Program Evaluator with Dr. Preston Dyer 2005 - 2006
Project Title: Hispanic Active Relationships Program
Evaluated this pilot study of a marriage and relationship education program with Hispanic individuals and couples.

Post-Doctoral Research Fellow August 2004 - May 2005
Research associate on the Fetal Spectrum Disorders Prevention Project, funded by Northrup Grumman, with the Center for Social Work Research at University of Texas at Austin.
Responsibilities included literature review, secondary data analysis, and key informant interviews.

Principal Investigator (Dissertation) September 2003 - September 2004
Project Title: Prenatal Alcohol Consumption: A Risk-Protective Model
Awarded Amount: \$30,000
Awarded By: Substance Abuse and Mental Health Services Administration
Funding received to complete dissertation research, which utilized data from the 2001 and 2002 National Survey on Drug Use and Health to test a risk-protective model of prenatal alcohol use. Study involved hierarchical logistical regression analyses to identify the most salient predictors of alcohol use during pregnancy among White, Hispanic, and African American women.

Research Assistant 2002 - 2003
In collaboration with Dr. James Neff, Director of the National Institute on Drug Abuse (NIDA) funded Substance Abuse Research Development Program at the School of Social Work at the University of Texas at Austin, conducted a meta-analysis of 62 controlled trials of brief interventions for substance abuse. Findings were presented at the American Medical Association Annual Meeting.

SERVICE TO DISCIPLINE: PUBLICATIONS

Refereed Publications

Name in blue is my former last name and student names are in green

Invited to submit a manuscript on domestic minor sex trafficking to the Journal of Clinical Research and Reports. (January 2025).

Invited to submit a manuscript on creating safe spaces for domestic minor sex trafficking victims and effective recognition of them in a special issue on Trauma-Informed Care in the Journal of the European Society of Medicine. (March 2025).

Invited to submit a manuscript for special theme issue on emergency medicine in the official Journal of the European Society of Medicine. (February and September 2024).

Gallegos, K. (2023). Domestic minor sex trafficking: Applying a trauma-informed approach in healthcare settings. *Health & Social Work, 48*(1), 1-3.

Thompson, L. & Kotrla, K. (Eds). Winter 2012. *Social Work & Christianity: Special Edition on Human Trafficking*.

Kotrla, K. & Wommack, B. (2011). Sex trafficking of minors in the U.S.: Implications for policy, prevention and research. *Journal of Applied Research on Children, 2*(1).

Kotrla, K., Dyer, P., & Stelzer, K. (2010). Marriage education with Hispanic couples: Evaluation of a communication workshop. *Family Science Review, 15*(2), 1-14.

Kotrla, K. (2010). Domestic minor sex trafficking in the U.S. *Social Work, 55*(2), 181-187.

Kotrla, K. & Martin, S. (2009). Fetal alcohol spectrum disorders: A social worker's guide for screening and education. *Social Work in Mental Health, 7*(5), 494-507.

Kotrla, K. (2008). Predicting alcohol use during pregnancy: Analysis of national survey data and implications for practice and the church. *Social Work & Christianity, 35*(1), 12-32.

Kotrla, K. & Dyer, P. (2008). Using marriage education to strengthen military families: Evaluation of the Active Military Life Skills Program. *Social Work & Christianity, 35*(3), 287-311.

Kotrla, K. (2005). Social work practice in health care: The need to utilize brief interventions. *Health & Social Work, 30*(4), 336-338.

Non-Refereed Publications

Name in blue is my former last name and student names are in green

Kotrla, K., Dyer, P., Phillips, K., & Wyatt, M. (January 2012). HARP Cameron County Final Five Year Cumulative Report for Active Relationships Center of Texas. Report funded by Administration for Children and Families and Active Relationships Center.

Kotrla, K., Dyer, P., Phillips, K., & Wyatt, M. (December 2011). HARP Cameron County Project Year 5 Final Report for Active Relationships Center of Texas. Report funded by Administration for Children and Families and Active Relationships Center.

- Kotrla, K., Dyer, P., & Phillips, K. (October 2011). HARP Cameron County Project Year 5 Annual Report for Active Relationships Center of Texas. Report funded by Administration for Children and Families and Active Relationships Center.
- Kotrla, K., Dyer, P., Gallela, J., & Wyatt, M. (April 2011). HARP Cameron County Project Year 5 Semi-Annual Report for Active Relationships Center of Texas. Report funded by Administration for Children and Families and Active Relationships Center.
- Kotrla, K., Dyer, P., & Gallela, J. (October 2010). HARP Cameron County Project Year 4 Annual Report for Active Relationships Center of Texas. Report funded by Administration for Children and Families and Active Relationships Center.
- Kotrla, K., Dyer, P., & Gallela, J. (April 2010). HARP Cameron County Project Year 4 Semi-Annual Report for Active Relationships Center of Texas. Report funded by Administration for Children and Families and Active Relationships Center.
- Kotrla, K., Dyer, P., & Stelzer, K. (October 2009). HARP Cameron County Project Year 3 Annual Report for Active Relationships Center of Texas. Report funded by Administration for Children and Families and Active Relationships Center.
- Kotrla, K., Dyer, P., & Stelzer, K. (April 2009). HARP Cameron County Project Year 3 Semi-Annual Report for Active Relationships Center of Texas. Report funded by Administration for Children and Families and Active Relationships Center.
- Kotrla, K., Dyer, P., & Stelzer, K. (October 2008). HARP Cameron County Project Year 2 Annual Report for Active Relationships Center of Texas. Report funded by Administration for Children and Families and Active Relationships Center.
- Kotrla, K., Dyer, P., & Stelzer, K. (April 2008). HARP Cameron County Project Year 2 Semi-Annual Report for Active Relationships Center of Texas. Report funded by Administration for Children and Families and Active Relationships Center.
- Kotrla, K., & Dyer, P. (October 2007). HARP Cameron County Project Year 1 Annual Report for Active Relationships Center of Texas. Report funded by Administration for Children and Families and Active Relationships Center.
- Kotrla, K. & Dyer, P. (2006). Active Military Life Skills: An Active Relationships Program, Final Report.
- Kotrla, K. & Dyer, P. (2006). Hispanic Active Relationships Project: A Pilot Project, Final Report.
- Pomeroy, E., Ponder, A., Kotrla, K., & Smith, C. (2005). Texas Needs Assessment Report for the

Fetal Alcohol Spectrum Disorders Prevention (FASD) Project. Report funded by SAMSHA and Northrup Grumman.

SERVICE TO DISCIPLINE: PRESENTATIONS

Scholarly Conferences (invited or peer reviewed)

Name in blue is my former last name and student names are in green

Invited Presentations:

Asked in January 2024 to present my article “Domestic Minor Sex Trafficking: Applying a Trauma-Informed Approach in Healthcare Settings” at the 6th World Nursing Conference in March 2024 at the Avanti Palms Resort and Conference Center in Orlando, FL.

Accepted Presentations:

Felleke, A., Hernandez Robles, E., Andre, J. & Gallegos, K. (2026). Building Online Community: ADEI Implicit Curriculum Insights for BSW and MSW Students. Social Work Distance Education Conference.

Completed Presentations:

Gallegos, K. (October 2025). Human Trafficking: A Training for Social Workers. GainWel Continuing Education Series for Social Workers. San Antonio, TX.

Gallegos, K. (October 2024). Human Trafficking: A Training for Social Workers. GainWel Continuing Education Series for Social Workers. San Antonio, TX.

Gallegos, K. (April 2024). Online Recruiting of Human Trafficking Victims: A Workshop for Social Work Educators. Social Work Distance Education Conference. Online

Gallegos, K. (March 2024). Using a Trauma Informed Approach with Sex Trafficking Victims. The Association of Baccalaureate Social Work Program Directors. New Orleans, La.

Gallegos, K. (October 2023). Using a Trauma Informed Approach with Sex Trafficking Victims. National Association of Social Workers Texas Conference 2023. Galveston, TX.

Gallegos, K. (August 2023). (Renewed) for National Association of Social Workers Texas Chapter. Human Trafficking: A Training for Social Workers. Approved by Texas Health and Human Services as 1 CEU hour required training course.

Gallegos, K. (March 2023). A University Collaboration to Raise Awareness about Human Trafficking among BSW Students. Baccalaureate Program Directors Annual Meeting. Birmingham, AL.

Gallegos, K. (March 2023). Human Trafficking: A Training for Social Workers. University

Of Texas Rio Grande Valley.

Gallegos, K. (January 2023). Human Trafficking: A Training for Social Workers. GainWel Continuing Education Series for Social Workers. San Antonio, TX.

Gallegos, K., Hawley-Bernardez, A., & Evans, R. (November 2022). Creating a Dismantling Oppression Certificate for BSW Students. Council on Social Work Education Annual Program Meeting. Anaheim, CA.

Gallegos, K., Andre, J., **Garcia, S., Martinez, L., & Aguilera, V.** (November 2022). Raising Awareness about Human Trafficking: A University Partnership. Council on Social Work Education Annual Program Meeting.

Gallegos, K. (April 2022). A Year in Review of a New Online BSW Program. Social Work Distance Education 2022 Virtual Conference.

Gallegos, K. & **Flores, M.** (April 2022). Domestic Minor Sex Trafficking: Implications for Healthcare Professionals. UT Health School of Nursing, San Antonio, Texas. *Moved from Spring 2020 due to COVID.*

Gallegos, K. (March 2022). Moving a BSW Program Fully Online: A Review after One Year. Baccalaureate Program Directors Annual Meeting. New Orleans, LA.

Gallegos, K. (January 2022). Human Trafficking: A Training for Social Workers. GainWel Continuing Education Series for Social Workers. San Antonio, TX.

Gallegos, K. (October 2021). (Contractor) for National Association of Social Workers Texas Chapter. Human Trafficking: A Training for Social Workers. Approved by Texas Health and Human Services as 1 CEU hour required training course.

Gallegos, K. (June 2021). Domestic Minor Sex Trafficking: Screening and Intervention. GainWel Continuing Education Series for Social Workers. Virtual presentation.

Gallegos, K., Patton, J. & Hawley-Bernardez, A. (April 2021). Pivoting Amid a Pandemic: Strategies for Student Success. Baccalaureate Program Directors Annual Meeting. Virtual presentation.

Gallegos, K. & Gil, K. (April 2021). Moving A BSW Program Fully Online: Lessons Learned and Learning. Social Work Distance Education. Virtual presentation. *Moved from April 2020*

Gallegos, K. (March 2021). Domestic Minor Sex Trafficking: Screening and Intervention. GainWel Breakfast Series for Social Workers and Psychologists. Virtual presentation.

Gallegos, K. & Gil, K. (November 2020). Moving A BSW Program Fully Online: Lessons Learned and Learning. Council on Social Work Education Annual Program Meeting. Virtual presentation.

Grover, T. & Kotrla, K. (October 2011). Responding to the Complexity of Human Trafficking. No Need Among You Conference sponsored by the Baylor School of Social Work, Mission Waco, the Baptist General Convention of Texas, and Crestview Church. Waco, Texas.

Kotrla, K. (October 2011). A Study of Sex Trafficked Minors in the U.S. National Association of Social Workers, Texas Chapter Annual Conference. Dallas, Texas.

Kotrla, K. (October 2011). Sex Trafficking of Minors in the U.S. Hear the Cry Conference sponsored by Freedom Legacy at Texas State University. San Marcos, Texas.

Kotrla, K. (October 2011). A Profile of Minor Sex Trafficking Cases in the U.S. North American Association of Christians in Social Work Annual Fall Conference. Pittsburgh, Pennsylvania.

Kotrla, K. (April 2011). An Examination of Minor Sex Trafficking in the U.S. Conference on Religion, Human Trafficking, and Modern Slavery hosted by the University of Denver. Denver, Colorado.

Kotrla, K. (February 2011). Addressing Pornography from a Faith Perspective. Facilitated a 75-minute audio conference workshop for the North American Association of Christians in Social Work Association.

Kotrla, K. (November 2010). Developing and Teaching a Human Trafficking Course. North American Association of Christians in Social Work Annual Fall Conference. Raleigh, North Carolina.

Kotrla, K. (October 2010). A Profile of Minor Sex Trafficking Victims in the U.S. Second Interdisciplinary Conference on Human Trafficking hosted by the University of Nebraska. Omaha, Nebraska.

Kotrla, K. (October 2010). Human Trafficking and Sexual Exploitation. No Need Among You Conference sponsored by the Baylor School of Social Work, Mission Waco, the Baptist General Convention of TX and Crestview Church. Waco, Texas.

Kotrla, K. (October 2010). Exploring Human Trafficking Curriculum. Academic Panelist at the International Conference on Human Trafficking sponsored by Texas State Senator Thompson. Austin, Texas.

Kotrla, K. & Dyer, P. (March 2010). Marriage Education with Hispanic Couples: Evaluation of a Communication Workshops. Texas Council on Family Relations Annual Conference hosted by Baylor University. Waco, TX.

Kotrla, K. (October 2009). A Faith-Based Approach to Addressing Pornography. North American Christians in Social Work Annual Fall Conference. Indianapolis, Indiana.

Kotrla, K. (October 2009). Domestic Minor Sex Trafficking: An Overlooked Tragedy. National Association of Social Workers, Texas Chapter Annual Conference. Fort Worth, Texas.

Kotrla, K. (February 2009). The Complexities of Human Trafficking and Implications for the Church. Next Big Idea Conference sponsored by Baylor Truett Seminary, Baylor School of Social Work and Leadership Seminar. Waco, Texas.

Kotrla, K., Branscum, C., Triana, V., & Vargas, T. (April 2008). Starting a Human Trafficking Discussion in Your Community: Lessons from the Field. North American Christians in Social Work Annual Spring Conference. Orlando, Florida.

Kotrla, K., (November 2007). Evaluation: The Big Payoff in Data Collection. Training and Technical Assistance Conference for Healthy Marriage and Responsible Fatherhood Grantees sponsored by Administration for Children and Families. Washington, D.C.

Kotrla, K. & Martin, S. (April 2007). Fetal Alcohol Spectrum Disorders: Screening, Intervention, and Prevention. North American Association of Christians in Social Work Annual Spring Conference. Dallas, Texas.

Kotrla, K., Dyer, P., & Vargas, T. (April 2007). Using Marriage Education to Strengthen Military Families. North American Association of Christians in Social Work Annual Spring Conference. Dallas, Texas.

Kotrla, K. & Martin, S. (March 2007). Fetal alcohol spectrum disorders. National Association for Christians in Social Work Convention. Dallas, TX.

Kotrla, K. (January 2007). Alcohol use during pregnancy: A tri-ethnic comparison. Society for Social Work Research Annual Conference. San Francisco, California.

Neff, J., Kotrla, K., & Windsor, L. (January 2004). A Meta-analysis of 62 controlled brief intervention trials for substance abuse. Society for Social Work Research Annual Conference. Atlanta, Georgia.

Neff, J., Kotrla, K., & Windsor, L. (2003). Brief Interventions for Alcohol and other Substances: A meta-analysis. American Public Health Association Annual Meeting. San Francisco, California.

Neff, J., Kotrla, K., & Windsor, L. (2003). Brief Interventions for Substance Abuse. National Association of Social Work, Texas Chapter Annual Conference. Arlington, Texas.

Other Professional Presentations

Gallegos, K. (March 2022). The Profession of Social Work. Social Work Month Speaker Series. St. Phillips College, San Antonio, TX.

Gallegos, K. (March 2022). Human Trafficking 101. WSWO and Mission and Ministry. Our Lady of the Lake University.

Sanchez, J. & Gallegos, K. (May 2021). Professional Readiness for Practice. CJ Collins Symposium Presentation. Our Lady of the Lake University, San Antonio, TX.

Hawley-Bernardez, A., Patton, J., & Gallegos, K. (Feb 2021). Student Support during COVID 19. Professional Development Days Presentation. Our Lady of the Lake University. San Antonio, TX.

Cuevas, M., Williams, G., Gallegos, K., & Andres, J. (August 2019). Addressing Student Poverty. Provost Professional Development Days Keynote. Our Lady of the Lake University. San Antonio, TX.

Kotrla, K. (February 2012). Panelist for Human Trafficking Forum hosted by Southwestern University. Georgetown, Texas.

Kotrla, K. & Stewart, A. (March 2012). Minor Sex Trafficking presentation to Communities in School social workers. Waco, Texas.

Kotrla, K. (January 2011). Human Trafficking presentation for professionals serving as field supervisors for social work students. Waco, Texas.

Kotrla, K. (October 2010). Creative and Practical Responses to Human Trafficking: A Roundtable Discussion. Panelist at the Hungry for Justice Summit sponsored by Baylor University International Justice Mission. Waco, Texas.

Kotrla, K. (October 2010). A Profile of Minor Sex Trafficking Victims in the U.S. Hungry for Justice Summit sponsored by Baylor University International Justice Mission. Waco, Texas.

Kotrla, K. (September 2009). Human Trafficking. No Need Among You: Included the Excluded Conference sponsored by Mission Waco. Waco, Texas.

Sifuentes, B. & Kotrla, K. (June 2009). Human Trafficking training for law enforcement hosted by the Heart of Texas Council of Governments. Waco, Texas.

Kotrla, K. (March 2009). Human Trafficking: Global and Domestic Perspectives sponsored by Baylor University International Justice Mission. Waco, Texas.

Kotrla, K. (September 2008). Speaker for “Not for Sale” documentary screening sponsored by Baylor International Justice Mission. Waco, Texas.

ADDITIONAL SERVICE TO DISCIPLINE

- Proposal Reviewer for Annual Program Meeting of CSWE Feb 2026
- Manuscript Reviewer for *Journal of Human Behavior in the Social Environment* July 2025
 “Gang-Involved Sex Trafficking of Minors in the United States: Recruitment Tactics, Exploitation, and Criminal Networks
- Manuscript Reviewer for *Social Work* May 2025
 ““Labor trafficking of immigrant children: Gaps in the social work literature”
- External Reviewer for Dr. Michael DeMattos Aug - Sep 2024
 - P&T Review (Assistant to Associate Specialist)
 - University of Hawaii at Manoa
- External Reviewer for Dr. Brandi Felderhoff Aug - Sep 2023
 - P&T Review (Assistant to Associate) at TWU
- TX Association of SW Deans and Directors Aug 2023 - Present
- Association of Baccalaureate Social Work Program Directors, Board Member Jan 2023 – Aug 2024
- Text Reviewer for Cognella Sep 2022
Human trafficking: Applied research, theory, and case studies
- Text Reviewer for Jones & Bartlett Learning Jul 2021
Human trafficking: A global health crisis.
- Social Work Distance Education Proposal Reviewer May 2020 -May 2023
- Text Reviewer for Sage Publications Mar 2020
- Editorial Board 2017 - Present
Journal of Human Behavior in the Social Environment
- Abstract Reviewer 2009, 2010, 2011
 National Association of Social Workers, Texas Conference
- Annual Meeting of Waco United Methodist Women Speaker 2010
- Text Reviewer for Sage Publishing 2008
- Text Review, Brooks Cole Publishing 2008
- Human Trafficking Conference Planner 2008
 Arranged expert trainings for law enforcement and social service
- Human Trafficking and Immigration Conference Planner 2008
 Arranged expert trainings for University and area professions
- Abstract Reviewer North American Association of Christians in Social Work 2006

UNIVERSITY AND COMMUNITY SERVICE

Our Lady of the Lake Committees

- Chairs and Directors Sep 2023 - Present
- Graduate Council Sep 2023 - Present
- Co-Chair, General Education Committee Sep 2022 - Sep 2023
- Dean of Academics Search Committee Jan - March 2022
- Registrar Search Committee Oct 21 – Feb 2022
- General Education Committee Fall 2021 - Present
- Center for Service Learning Faculty Advisory Council Fall 2021 – Spring 2024
- OLLU Strategic Planning Initiative Committee (Unified Transfer Team 4.6) Nov 2020 - 2022
- OLLU Strategic Planning Initiative Committee (Creating General Education Online Courses 2.6) Sep 2020 - 2022
- OLLU Strategic Planning Initiative Committee (Social Work Services to Students 4.3) Apr 2019 - 2022
- Enrollment Management Committee Oct 2018 - Aug 2019
- Assistant Director of Center for Career Development and Testing Search Committee Jun – Aug 2019

Worden School of Social Service Committees

- ADEI Implicit Curriculum Working Group, Chair Mar 2025 - Present
- BSW Committee Member Aug 2024 - Present
- Ph.D. Committee Member Sep 2023 – Aug 2024
- Program Support Specialist Search Committee Oct 2022 – Dec 2022
- Social Service Manager Search Committee Aug 2021 - Nov 2021
- Assistant Professor NTT Search Committee May 2021 - Aug 2021
- Fitness to Practice Committee Jan 2021 – Nov 2021
- Worden Awards Committee, Chair Sep 2020 – May 2023
- Faculty Advising Training Fall 2020
- Training of Wiley Student Support Coordinators Fall 2020
- Social Work Distance Education Advisory Committee May 2020 - May 2023
- Worden Virtual Graduation Planning Committee Apr - May 2020
- BSW Summer Field Initiative Fall 2019 – Fall 2020
- Field Advisory Committee Jan 2020 - Present
- Ph.D. Applicant Review Committee Nov 2019 - 2021
- Worden Leadership Committee Aug 2019 – Sep 2023
- BSW Committee, Chair Aug 2019 – Aug 2024
- Distance Education Committee Dec 2018 - May 2019
- MSW Committee Oct 2018 - Aug 2019
- Ph.D. Faculty Search Committee July - Sep 2018

Additional OLLU University & Worden School Service

- General Education Assessment Institute Mar 2026
- General Education Norming Session Feb 2026

- Major contributor to Focused 3 year BSW degree prospectus to SACSCOC Nov 2025 – Present
- General Education Assessment Institute May 2025
- General Education Norming Session May 2025
- Herstory: Panel of Women Trailblazers panelist Mar 2025
- St. Phillips Transfer Colloquium Mar 2025
- Palo Alto Transfer Colloquium Mar 2025
- STC Transfer Expo Apr 2024
- Seton Home Gala Mar 2024
- Transfer Colloquium at OLLU Feb 2024
- Met with Texas Southmost College Social Work Faculty and Administrators Feb 2024
- Met with South Texas College Social Work Faculty and Administrators Feb 2024
- College Fair at South Texas College, RGV Feb 2024
- Transfer College Fair, San Antonio College Nov 2023
- CentroMed 50th Anniversary Gala Nov 2023
- IDEA Faculty Retreat May 2023
- General Education Institute April-May 2023
- Academic Program Review (BSW) Report Author Spring 2021
- BSW Substantive Change Proposal Author Dec 2020
- COVID Faculty Syllabi Work Group Jul 2020
- Blue Nation CPS Faculty Panelist Jun 2020
- BSW in RGV Work Group, Facilitator Mar - Aug 2020
- OLLU Orientation Planning Committee Fall 2019
- Wings Up Presenter Nov 2019 - Present
- New Student Convocation Aug 2019
- RGV Orientation Aug 2019 - Present
- CSWE Annual Program Reports Summer 2019-Present
- OLLU Annual Program Reports Summer 2019 - 2024
- CSWE Self-Study and Progress Report Writer Jun 2019 - Jun 2021
- Lake Days BSW Program Presentations Jun 2019 - Present
- Planned and spoke at Human Trafficking community event Jan 2019
- Server at “Loaves and Fishes” Dec 2018

Community Service

- 11th Annual Healthcare Institute, Planning Committee Oct 2025 - Present
- Worden Volunteer Day at Corazon Ministries Oct 2024
- Hosted screening of documentary “Join or Die” in conjunction with SLVC and VUC Sept 2024
- Chapel Hill SAFB Summer Feeding Kids Program Summer 2024
- Chapel Hill United Methodist Church, Finance Director and Board Member Jan 2024 – Feb 2025

- Established partnership with Blu House Fall 2023
- Chapel Hill United Methodist Church Safety Officer Mar 2020 – May 2021
- Trusted con Confianza Facilitator Feb - Aug 2020
- Organized a Day of Prayer at Chapel Hill United Methodist Church as part of the Governor’s Response Against Child Exploitation and Human Trafficking Prevention Month Jan 2020
- Chapel Hill United Methodist Church Children’s Council Chair Nov 2019 – May 2021
- Chapel Hill United Methodist Church Sunday School Teacher Aug 2019 - Present
- Alamo Area Coalition against Human Trafficking Jan 2019 - Present

Baylor University Committees

- Graduate Faculty 2010 - 2012
- Robert Foster Cherry Award for Great Teaching Committee 2010 - 2012
- University Discipline Committee 2009 - 2010
- Undergraduate Research and Scholarly Achievement Committee 2009 - 2012

Baylor School of Social Work Committees

- Center for Family and Community Ministries Advisory Board 2011 - 2012
- Ph.D. Committee 2010 - 2012
- MSW Admissions Committee 2010 - 2012
- BSW Admissions Committee Chair 2010 - 2012
- Research Review Committee 2007 - 2012
- Curriculum Committee 2007 - 2012
- Evaluation and Accreditation Committee 2009 - 2010
- New Faculty Member Mentor 2007 - 2008 2009 - 2010
- Faculty Development Committee 2006 - 2007 2008 - 2010
- Evaluation and Accreditation Committee Chair 2007 - 2009
- BSW Minors Committee Chair 2007 - 2009
- BSW Admissions Committee 2006 - 2009

Baylor Community Service

- Family Abuse Center Service Committee Member 2010 - 2012
- Texas Human Trafficking Prevention Task Force 2010 - 2012
 - Office of the Attorney General
 - Child Victims Services Subcommittee Member
- Texas Human Trafficking Prevention Task Force 2010 - 2012
 - Office of the Attorney General
 - Outreach and Training Subcommittee
- McLennan County Early Childhood Advisory Committee Member 2009
- Family Abuse Center/Mayborn Museum Children’s Initiative 2009 - 2010
- Family Abuse Center Board Member 2007 - 2010

PROFESSIONAL DEVELOPMENT ACTIVITIES

- “Research, Structure, and Purpose in Times of Transition: What Empirical Evidence Can Teach Us About Organizational Change” by Amy Albertson, Ph.D., MSW, Texas State University sponsored by CTE Mar 2026
- Council on Social Work Education Annual Program Meeting Nov 2025
Included Full Day of National Association of Social Work Deans and Directors event and Assessment Institute
- Faculty Learning Community (FLC): Artificial Intelligence in Teaching & Learning Summer 2025 participant Jun - Aug 2025
- Using AI to Generate Engaging Course Content – University of Pennsylvania Webinar May 2025
- National Association of Social Work Deans and Directors Apr 2025
- OLLU ACUE Lessons Learned: Helping Students Persist in Their Studies Oct 2024
- Getting Started with AI workshop by Eastern Kentucky University Sept 2024
- Provost Professional Development Days Aug 2024
- 43rd Annual CJ Collins Symposium May 2024
- Leadership Excellence Webinar Series: What Research Tells Us May 2024
- National Association of Social Work Deans and Directors Apr 2024
- Social Work Distance Education Apr 2024
- Baccalaureate Program Directors Annual Meeting Mar 2024
- Council on Social Work Education Annual Program Meeting Nov 2023
Included Full Day of National Association of Social Work Deans and Directors event
- National Association of Social Worker TX Conference Oct 2023
- Provost Professional Development Days Aug 2023
- Social Work Distance Education Conference Apr 2023
- IDEA Retreat May 2023
- Awareness Webinar Series: Sextortion and Exploitation Mar 2023
- Baccalaureate Program Directors Annual Meeting Mar 2023
- Council on Social Work Education Annual Program Meeting Nov 2022
- National Association of Social Worker TX Conference Oct 2022
- “Child Sexual Abuse, Sex Trafficking, and the Pornography Industry” National Center on Sexual Exploitation Jun 2022
- Social Work Distance Education Apr 2022
- Baccalaureate Program Directors Annual Meeting Mar 2022
- OAA “Retention Alert Training” Jan 2022
- OAA “Roster Certification Training” Jan 2022
- OAA “Advisor Training” Jan 2022
- Council on Social Work Education Annual Program Meeting Nov 2021
- OAA “Teaching and Learning Through Laughter” Oct 2021
- OAA “Pandemic Fatigue Part 2: Supporting our Students” Oct 2021

- Provost Professional Development Days Aug 2021
- OLLU Summer Professional Development Jul 2021
“Effectively Teaching Underprepared Students”
- “Digital and Social Media Evidence for Investigators” by Jason Lundquist Jul 2021
- “The Power of Podcasting” OLLU Professional Development Jun 2021
- “Dissertation Support and its Positive Effect on Grad Outcomes:
Learn how different universities are radically improving retention rates” May 2021
- OLLU Teaching Showcase May 2021
- Social Work Distance Education Apr 2021
- Baccalaureate Program Directors Annual Meeting Apr 2021
- “Educating and Engaging the Z Generation” OLLU Professional Development Mar 2021
- “Building Community and Social Presence in Online Learning Environments”
OLLU Professional Development Session Feb 2021
- Council on Social Work Education Annual Program Meeting Nov 2020
- OLLU’s Interfaith Council Speaker Series Oct 2020
“Happiness and Gratitude” by Wyndee Holbrook
- “Towards a More Inclusive Pedagogy: Utilizing an Anticolonial Lens” Oct 2020
- Provost Professional Development Days Aug 2020
- Human Subjects Research Training Jun 2020
- CTE Webinar on “Blackboard Collaborate” May 2020
- Mental Health Technology Transfer Center Network Webinar May 2020
“Trauma Informed & Resilience Oriented Leadership During Pandemic Times”
- Shared Hope International Webinar May 2020
“DMST – Community Responses to COVID-19: Housing & At-Risk Youth”
- Mental Health Technology Transfer Center Network Webinar Apr 2020
“COVID 19 and the Impact on Intimate Partner Violence for Latinos”
- Shared Hope International Webinar Apr 2020
“Community Responses to COVID-19: Law Enforcement & Demand”
- Office of the Governor Webinar “Familial Trafficking Investigations” Mar 2020
- Council on Social Work Education Annual Program Meeting Oct 2019
- Curriculum Training Sep 2019
- Blackboard Ultra demonstration Sep 2019
- Provost Professional Development Days Aug 2019
- Met with CTE staff to learn course development tools Summer 2019
- Poverty Summit and Certification May 2019
- Learned and implemented use of Kahoot in class May 2019
- Worked with Academic Center for Excellence Apr 2019
Assignment and Rubric Development
- Violence Against Women Conference, Dallas TX Apr 2019
- Tree of Life Self-Care Apr 2019
- Office of the Governor Webinar “New UT Study on Child Sex Trafficking” Apr 2019

PROFESSIONAL MEMBERSHIPS

Council on Social Work Education

National Association of Social Workers

Association of Latina/Latino Social Work Educators

National Association of Deans and Directors, Schools of Social Work

Texas Association of Social Work Deans and Directors