

In direct response to Texas law, Our Lady of the Lake University requires that all students either: Turn in documentation showing a current (within the last five years) bacterial meningitis vaccination (quadrivalent MenACWY-CRM meningococcal vaccine) and complete Sections A and B of this form; or Submit the proper exemption form and complete Sections A and C of this form.

**SECTION A - REQUIRED**

*To be completed by all students or parent/guardian if student is 18 years of age*

Date: \_\_\_\_\_ OLLU ID# \_\_\_\_\_ Birth Date (mm/dd/yy) \_\_\_\_\_

Name (Last): \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (primary contact #): \_\_\_\_\_ Last 4 digits of social security #: \_\_\_\_\_

College location that student plans to attend:    San Antonio     Houston     Rio Grande Valley     Online

*Return to OLLU Health Services, 411 S.W. 24th Street UWAC #112, San Antonio, Texas 78207. Fax# 210-431-4091*

**SECTION B**

**COMPLETE THIS SECTION IF SUBMITTING PROOF OF CURRENT VACCINATION**

\_\_\_\_ I am 22 years of age or younger and I'm attaching a copy of my official immunization record with this verification form indicating a current Bacterial Meningitis vaccination by a licensed health care provider authorized by law to administer the required (quadrivalent MenACWY-CRM meningococcal vaccine) provided meningitis vaccination.

**PLEASE TURN IN WITH THIS FORM A COPY OF YOUR VACCINATION RECORD. RECORD MUST INCLUDE YOUR NAME, BIRTHDATE, PHYSICIAN SIGNATURE, VACCINATION TYPE and DATE OF VACCINATION.**

**SECTION C**

**COMPLETE THIS SECTION IF SUBMITTING AN EXEMPTION**

\_\_\_\_ I am under 22 years of age as of today and declining the vaccination for bacterial meningitis for reason of conscience, including religious belief; therefore a signed affidavit/waiver stating that I have declined for reason of conscience is being included. Affidavit may be obtained/notarized at: <http://www.theccb.state.tx.us/reports/PDF/2602.PDF?CFID=22792220&CFTO KEN=66260845>

\_\_\_\_ I am a 100 percent online student and declining the vaccination for bacterial meningitis.

\_\_\_\_ Because of health related issues or efforts it is the opinion of my physician that the vaccination required would be injurious to my health, therefore an affidavit or certificate signed by my physician who is duly registered and licensed to practice medicine in the U.S. is included with this form.

**BY SIGNING THIS FORM I AM ACKNOWLEDGING THAT MY INFORMATION IS CURRENT AND ACCURATE. I ALSO GIVE MY PERMISSION FOR OLLU TO SHARE THIS INFORMATION WITH APPROPRIATE SCHOOL OFFICIALS WHEN DEEMED NECESSARY.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## IMPORTANT INFORMATION ABOUT BACTERIAL MENINGITIS

This information is being provided to all college students in the state of Texas. Bacterial Meningitis is a serious, potentially deadly disease that can progress extremely fast – so take utmost caution. It is an inflammation of the membranes that surround the brain and spinal cord. The bacteria that cause meningitis can also infect the blood. This disease strikes about 3,000 Americans each year, including 100-125 on college campuses, leading to 5-15 deaths among college students every year. There is a treatment, but those who survive may develop severe health problems or disabilities

### WHAT ARE THE SYMPTOMS?

- High fever
- Severe headache
- Rash or purple patches on skin
- Vomiting
- Stiff neck
- Confusion and sleepiness
- Nausea
- Lethargy
- Seizures
- Light sensitivity

There may be a rash of tiny, red-purple spots caused by bleeding under the skin. These can occur anywhere on the body. **The more symptoms, the higher the risk, so when these symptoms appear seek immediate medical attention.**

### HOW IS BACTERIAL MENINGITIS DIAGNOSED?

Diagnosis is made by a medical provider and is usually based on a combination of clinical symptoms and laboratory results from spinal fluid and blood tests. **Early diagnosis and treatment can greatly improve the likelihood of recovery.**

### HOW IS THE DISEASE TRANSMITTED?

The disease is transmitted when people exchange saliva (such as by kissing, or by sharing drinking containers, utensils, cigarettes, toothbrushes, etc.) or come in contact with respiratory or throat secretions.

### HOW DO YOU INCREASE YOUR RISK OF GETTING BACTERIAL MENINGITIS?

- Exposure to saliva by sharing cigarettes, water bottles, eating utensils, food, kissing, etc.
- Living in close conditions (such as sharing a room/suite in a dorm or group home).

### WHAT ARE THE POSSIBLE CONSEQUENCES OF THE DISEASE?

- Death (in 8 to 24 hours from perfectly well to dead)
- Kidney failure
- Limb damage (fingers, toes, arms, legs) that requires amputation
- Permanent brain damage
- Learning Disability
- Hearing loss, blindness
- Gangrene
- Coma
- Convulsions

### CAN THE DISEASE BE TREATED?

- Antibiotic treatment, if received early, can save lives and chances of recovery are increased. However, permanent disability or death can still occur.
- Vaccinations are available and should be considered for:
  - Those living in close quarters
  - 25 years old or younger
- Vaccinations are effective against 4 of the 5 most common bacterial types that cause 70% of the disease in the U.S. (but does not protect against all types of meningitis).
- Vaccinations take 7-10 days to become effective, with protection lasting 3-5 years.
- The cost of vaccine varies so check with your health care provider.
- Vaccination is very safe – most common side effects are redness and minor pain at injection site for up to two days.
- Vaccination is available at area convenient care locations such as HEB Redi Clinics, Walgreens, CVS Minute Clinics and many other area urgent care locations.

### HOW CAN I FIND OUT MORE INFORMATION?

- Contact your own health care provider.
- Contact your Student Health Center at 210-431-3919.
- Contact your local or regional Texas Department of Health office.
- Contact web sites: [www.cdc.gov/ncidod/dbmd/diseaseinfo](http://www.cdc.gov/ncidod/dbmd/diseaseinfo); [www.acha.org](http://www.acha.org)



Health Services

411 S.W. 24<sup>th</sup> Street • San Antonio, Texas 78207

210-431-3960 • 800-324-4310

[www.ollusa.edu](http://www.ollusa.edu)

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