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**Master of Arts Degree in Counseling: Clinical Mental Health Counseling**

**Unofficial Degree Plan (60 semester credit hours)**

#### **I. Core Counseling Coursework (42 semester credit hours)**

|  |  |  |
| --- | --- | --- |
| **Course Number** | **Course Title** | **Completed** |
| **Core Courses should be taken within the first 24 hours in the program.**  **\* Pre-requisites for Practicum COUN 8390** **\*\* Pre-requisite for COUN 8352** | | |
| COUN 6315 | Professional Orientation & Ethics\* |  |
| COUN 8302 | Counseling Theories\* |  |
| COUN 7335 | Human Development across the Lifespan\* |  |
| COUN 8314 | Multicultural Counseling\* |  |
| COUN 8310 | Ethical Issues in Counseling\*\* |  |
| COUN 6360 | Research Methods and Program Evaluation |  |
| COUN 8312 | Group Dynamics in Counseling\* |  |
| COUN 7337 | Clinical Diagnosis\* (Pre-requisite for COUN 8317 Interventions w/ Abnormal Behavior) |  |
| COUN 8317 | Interventions with Abnormal Behaviors |  |
| COUN 6325 | Assessment and Appraisal |  |
| COUN 6330 | Career Counseling |  |
| COUN 8355 | Child and Adolescent Counseling |  |
| COUN 8360 | Addictions Counseling |  |
| COUN 8370 | Couple and Family Counseling |  |

#### **II. Clinical Coursework (12 semester credit hours)**

|  |  |  |  |
| --- | --- | --- | --- |
| **Course Number** | **Course Title** | **Course Prerequisites** | **Semester Completed** |
| COUN 8352 | \*\* Foundational Counseling Skills | COUN 8310 |  |
| COUN 8390 | Practicum in Counseling (100 hours) | 6315, 8302, 7335, 8314, 8310, 8312 |  |
| COUN 8391 | Counseling Internship I (300 hours) | COUN 8390 |  |
| COUN 8392 | Counseling Internship II (300 hours) | COUN 8391 |  |
| COUN 8393 | Counseling Internship III (300 Hours) | COUN 8392 |  |

*NOTE: Students must complete a total of 600 hours in internship. If they complete a minimum of 300 hours in both COUN 8391 and COUN 8392, they do not need a third internship course. Students who complete a minimum of 200 hours in each internship course must take all three internship courses to complete their 600 hours of internship required for degree completion.*

#### **III. Elective Coursework- Select two courses (6 semester credit hours)**

|  |  |  |
| --- | --- | --- |
| **Course Number** | **Course Title** | **Semester** |
| COUN 8365 | Trauma, Crisis, and Grief Counseling |  |
| COUN 8321 | Play Therapy |  |
| COUN 6351 | Professional Orientation: School Counseling |  |
| COUN 6323 | Professional School Counseling Services: Implementation & Evaluation |  |

#### **SIGNATURES / APPROVALS:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Student |  | | Date |  |
| Advisor | |  | Date |  |

**Clinical Mental Health Counseling Specialization - Suggested Course Sequencing**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Year 1** | | | **Year 2** | | | **Year 3** | | |  |
| Sem 1 | Sem 2 | Sem 3 | Sem 1 | Sem 2 | Sem 3 | Sem 1 | Sem 2 | Sem 3 | Sem 4 |
| **COUN 6315**  Prof Or. | **COUN 8314**  Multicultural | ***\*Course from List Below*** | **COUN 8310** Ethics | **COUN** **7337** Clinical Diagnosis | **COUN** **8317** Interventions | **COUN 8352**  Foundational Skills | **COUN 8390**  Practicum | **COUN 8325**  Internship I | **COUN 8330**  Internship II |
| **COUN 8302**  Theories | **COUN 7335** Lifespan | ***\*Course from List Below*** | **COUN 8312**  Group | ***\*Course from List Below*** | ***\*Course from List Below*** | ***\*Course from List Below*** | ***\*Course from List Below*** | ***\*Course from List Below*** | ***\*Course from List Below*** |

*NOTE: This suggested course sequence is provided as an ideal model; each student's actual course sequence is dependent upon course availability and student progress towards degree completion. Adjustments to the student's course sequence may be made by the Student Services Coordinator and/or Faculty Advisor throughout the course of the MAC program.*

|  |
| --- |
| **\*List of Other Required Courses** |
| COUN 6360 Research Methods and Program Evaluation  COUN 6330 Career Counseling  COUN 6325 Assessment and Appraisal  COUN 8355 Child and Adolescent Counseling  COUN 8360 Addictions Counseling  COUN 8370 Couples and Family Counseling  \*\*Elective 1  \*\*Elective 2 |

**N O T E S**

1. Total number of hours for the Master of Arts in Counseling Degree is 60.
2. Students can enroll in a maximum of 6 hours of coursework each semester.
3. Only two courses with a grade of ‘C’ (2.0) will be accepted toward this degree.
4. Students must earn a ‘B’ (3.0) or higher in all clinical courses (COUN 8352, COUN 8390, COUN 8391, COUN 8392, & COUN 8393). Students who receive a ‘B’ or lower must retake that course and earn a ‘B’ or higher before progressing in the clinical course sequence.