

YVETTE LONGORIA, Ph.D., LPC-S
Our Lady of the Lake University
411 SW 24th St.
San Antonio, Texas 78207

EDUCATION

St. Mary's University- May 2023 San Antonio, TX-2023

Doctor of Philosophy in Counselor Education and Supervision- CACREP Program
Dissertation: The Relationship Among Emotional Intelligence, Coping Strategies, and
Occupational Burnout for Child Protective Service Workers

University of Texas at San Antonio- August 2008 to December 12, 2011

Master of Arts in Counseling.

University of Texas at El Paso- San Antonio, TX- 2007

Bachelor of Arts in Psychology and Minor in Criminal Justice

LICENSURE AND CERTIFICATION

2013-present Texas Licensed Professional Counselor 69158

2016-present Texas Licensed Professional Counselor Supervisor

EMPLOYMENT HISTORY

Assistant Professor & Clinical Director, Master of Arts in Counseling (MAC) Program

Our Lady of the Lake University, Department of Counseling

August 2024 – Present

- Oversee clinical training operations for CACREP-accredited MAC program, including practicum and internship placements
- Coordinate with site supervisors, maintain compliance with CACREP standards, and lead student readiness reviews
- Support Fitness to Practice processes, student advising, and university-community partnerships
- Develop clinical orientation materials and supervise clinical faculty

CLINICAL EXPERIENCE

Nueva Vida Associates

5/29/2011- Present

Licensed Professional Counselor

San Antonio, TX

- Counseling with emphasis on prevention, working with individuals and groups to promote optimum mental health.
- Helping individuals deal with addictions and substance abuse; family, parenting, and marital problems; suicide; stress management; problems with self-esteem; and issues associated with aging and mental and emotional health.
- Maintaining confidentiality of records relating to client treatment.
- Encouraging clients to express their feelings and discuss what is happening in their lives, and help them develop insight into themselves and their relationships.

Strategy of Life Counseling

6/30/2014- Present

Private Practice

Licensed Professional Counselor

San Antonio, TX

- Actively working with the Texas Department of Family and Protective Services through a state contract.
- Guiding clients in the development of skills and strategies for dealing with their problems.
- Preparing and maintaining all required treatment records and reports.
- Counseling clients and patients, individually to assist in overcoming dependencies, adjusting to life, and making changes.
- Collecting information about clients through interviews, observation, and tests.
- Acting as client advocate in order to coordinate required services or to resolve emergency problems in crisis situation.

Center for Health Care Services

03/15/10-4/1/2015

Qualified Mental Health Professional

Licensed Professional Counselor

San Antonio, TX

- Conduct clinical assessments to determine the mental health needs of clients.
- Develop and implement treatment plans based on the needs of individual clients.
- Provide counseling and therapy to clients, using evidence-based practices and approaches.
- Collaborate with other mental health professionals, including psychiatrists, social workers, and case managers, to ensure that clients receive comprehensive care.
- Maintain accurate and timely documentation of all activities related to client care.
- Provide crisis intervention services as necessary.
- Participate in continuing education and professional development activities to maintain and enhance clinical skills.

Family and Protective Services

8/8/08-01/05/2009

Case Worker II-Night unit Investigator

San Antonio, TX

- Conducted investigations into reports of child abuse and neglect received during the night shift.
- Ensure that appropriate steps are taken to protect children from further harm and provide support to families as necessary.
- Collaborate with law enforcement, community partners, and other agency staff to coordinate investigations and ensure the safety of children.
- Provide accurate and timely documentation of all activities related to investigations, including completing necessary forms and reports.
- Participate in court hearings as necessary and provide testimony when required.
- Work effectively with diverse populations, including families, children, and other professionals.

Sunwest Behavioral

5/2007-8/2008

ACT- Rehabilitation Specialist QMHP

El Paso, TX

- Provide a comprehensive range of rehabilitation and recovery services to individuals with serious mental illness.
- Work as part of a multidisciplinary team to provide coordinated care to clients in the community.
- Provide assessments, treatment planning, and implementation of services to support clients in achieving their goals.
- Support clients in accessing community resources and building social networks.
- Develop and maintain positive relationships with community partners and providers.
- Provide crisis intervention services as necessary.
- Maintain accurate and timely documentation of all activities related to client care.

Teaching Experience

LIST OF COURSES TAUGHT

COUN 8317-Interventions Abnormal Behavioral

COUN-8352-PrePracticum: Basic Interview Skills

COUN-6355 -Theories of Counseling

COUN-6361-Abnormal Behavior and Crisis Counseling

COUN-6354-Introduction to Counseling

COUN-8393-Counseling Internship I

COUN-8314 Multicultural Counseling

Presentations

Taubert, C. (2010). The developmental process of the therapist: Sitting with despair; holding on to hope Gestalt Journal of Australia and New Zealand.

Association for Adult Development and Aging (2013)

50 minute presentation “The Shame Dialogues: Saying Hello to Men’s Shame”

Panel Discussion: Ethics, Cultural Competence, and Counselor Education in Politically Unsafe Climates

50 Minute presentation “Education Session Maintaining Critical Thinking in Counselor Education in an AI World”

50 minute presentation “Collaborative Training: Integrating Social Work and LPC Perspectives to Prepare Students for Ethical Practice in Politically Complex Environments while maintaining self-care.”

Research and Training

Worked on a CACREP group research project in Advanced Research

A Study of Student Outcomes Assessment at St. Mary’s University for Council for Accreditation of Counseling and Related Educational Programs (CACREP) Accredited Programs in the Department of Counseling

The Relationship Among Emotional Intelligence, Coping Strategies, and Occupational Burnout for Child Protective Service Workers

Service to Profession

Professional Memberships

American Counseling Association

Association for Counselor Education and Supervision

Texas Counseling Association

South Central Regional Counseling Association