

KATRINA COOK, Ph.D., LPC-S
Our Lady of the Lake University
411 S.W. 24th Street
San Antonio, Texas, 78207

EDUCATION

University of Texas, San Antonio, TX - 2008
Doctor of Philosophy in Counselor Education and Supervision – CACREP program
Dissertation: An Evaluation of School Counselor Supervision

University of Texas, San Antonio, TX - 1985
Master of Arts in Educational Psychology

University of Texas, Austin, TX - 1981
Bachelor of Arts in English

LICENSURE AND CERTIFICATION

- 1987 - present Texas Licensed Professional Counselor 9009
- 2003 - present Texas Licensed Professional Counselor Supervisor
- 1992 - present Texas Licensed Marriage & Family Therapist 2714
- 2004 - present Texas Licensed Marriage & Family Therapist Supervisor

EMPLOYMENT HISTORY

UNIVERSITY TEACHING EXPERIENCE

- 2020 – Current Professor at Our Lady of the Lake University
Program Coordinator – Counseling
- 2018 – 2020 Associate Professor at Our Lady of the Lake University
Program Coordinator – Counseling
- 2014 – 2018 Associate Professor at Texas A&M University – San Antonio
Practicum Coordinator
- 2010-2014 Assistant Professor at Texas A&M University – San Antonio
- 2008-2010 Assistant Professor at Texas A&M University – Corpus Christi
Coordinator – School Counseling Program
- 2006 Adjunct Lecturer at Our Lady of the Lake University
- 2005-2007 Graduate Assistant at University of Texas – San Antonio

CLINICAL EXPERIENCE

- 2006 - present Clinical Supervisor – Independent practice
San Antonio, Texas
- 2012 Clinical Supervisor at Family Outreach, Corpus Christi, Texas
- 2008-2009 Psychiatric Assessment Team Member at Methodist Health Care
System, San Antonio, Texas
- 2006 - 2008 Clinical Supervisor at Jewish Family and Children’s Services
San Antonio, Texas
- 1992 - 2000 Group Therapist at Mission Road Development Center
San Antonio, Texas
- 1990 - 1995 Private Practitioner at Group Therapy Center of San Antonio, Texas
- 1986-1989 Adolescent Group Therapist at Colonial Hills Hospital
San Antonio, Texas
- 1985 - 1986 Adolescent Therapist at Intercept Care Center
San Antonio, Texas

PUBLIC SCHOOL EXPERIENCE

- 1981 - present Texas Certified Secondary School Teacher – English
- 1986 - present Texas Certified School Counselor
- 2006 - 2007 Supervision Trainer for Safe & Drug Free School Counselors
Northside Independent School District, San Antonio, Texas
- 1994 - 2005 Safe & Drug Free Schools & Communities Counselor at Taft High
School
Northside Independent School District, San Antonio, Texas
- 1990 - 1994 Elementary School Counselor at Brauchle Elementary School
Northside Independent School District, San Antonio, Texas
- 1986 – 1990 Elementary School Counselor at Braun Station Elementary School
Northside Independent School District, San Antonio, Texas
- 1981 - 1985 Middle School Classroom Teacher
Southwest Independent School District, San Antonio, Texas

TEACHING

LIST OF COURSES TAUGHT

COUN 8380 School Counseling Practicum 1 – OLLU
COUN 8381 School Counseling Practicum 2 – OLLU
COUN 8355 Child and Adolescent Counseling – OLLU
COUN 8314 Multicultural Issues in Counseling – OLLU
COUN 8325 School Counseling Internship 1 – OLLU
COUN 8330 School Counseling Internship II – OLLU
COUN 8341 School Counseling Internship III – OLLU
COUN 8390 Practicum - OLLU
COUN 8391 Internship I - OLLU
COUN 8392 Internship II - OLLU

EDCG 5356 Field Practicum in Counseling – A&M - SA
EDCG 5342 Counseling Diverse Populations & Military Cultures – A&M - SA
EDCG 5338 Counseling Diverse Populations – A&M - SA
EDCG 5351 Practicum for School Counselors – A&M - SA
EDCG 5319 Systemic Interventions with Youth – A&M - SA
EDCG 5358 Elementary Guidance & Counseling Techniques – A&M - SA
EDCG 5326 Child & Adolescent Counseling – A&M - SA
EDCG 5335 Human Development across the Lifespan – A&M - SA
EDCG 5354 Principles & Practices in Guidance & Counseling – A&M - SA
EDCG 5329 Special Problems: Scholarly Writing in Counseling – A&M - SA
EDCG 5302 Introduction to Counseling – A&M - SA
EDCG 5308 Clinical Treatment: Couples, Families and Military Populations A&M-SA

CNEP 5397 Practicum (School & Community combined) – TAMU-CC
CNEP 5314 Theory & Practice of Multi-cultural Counseling – TAMU-CC
CNEP 5316 Developmental Issues in Personality & Behavior – TAMU - CC
CNEP 5308 Counseling Theories – TAMU - CC
CNEP 5318 Consultation in School Settings – TAMU – CC
CNEP 5698 Internship TAMU – CC
CNEP 5696 Expressive Arts in Counseling – TAMU - CC

COUN 6351 Guidance & Counseling Services – OLLU

SCHOLARLY ACTIVITIES

National/International refereed Journal Articles

Cook, K., (2018). Brief counseling scenarios from fictional characters for counselors in training. *I-managers Journal on Educational Psychology* 11(3), 43-48.

Cook, K., Mayorga, M.G., & Ball, V. (2016). Mandala mornings: A creative approach for elementary school counselors. *Journal of School Counseling* 14(6).

Cook, K., & Malloy, L. (2014). Creating safe space: School counselor's office design. *Journal of Creativity in Mental Health* (9)3. 436-443. doi:10.1080/1540/383.2014.890557

Mayorga, M. G., Ferguson, M. G., **Cook, K.**, & Wardle, E. A. (2013). School counselors' perception of their multicultural competency. *I-managers Journal on Educational Psychology*.

Cook, K., Lusk, A., Miller, L. C., Dodier, O., & Salazar, A. M. (2012). Understanding unearned privilege: An experiential activity for counseling students. *Journal for Creativity in Mental Health* 7(3) 289-303. doi: 10.1080/15401383.2012.710167

Cook, K., Trepal, H., & Somody, C. (2012). Supervision of school counselors: The SAAFT model. *The Journal of School Counseling* 10(21). Retrieved from <http://www.jsc.montana.edu/articles/v10n21.pdf>.

Abernethy, C., & **Cook, K.** (2011). Resistance or disconnection: A relational-cultural approach to supervisee anxiety and nondisclosure. *Journal of Creativity in Mental Health* 6(1) 2-14.

Evans, M., Zambrano, E., **Cook, K.**, Moyer, M., & Duffey, T. (2011). Enhancing school counselor leadership in multicultural advocacy. *Journal of Professional Counseling: Practice, Theory, & Research* 38(2) 52-67.

Golden, L., & **Cook, K.** (2010). The parent consultation center. *The Family Journal*. 18(4) 423-426.

Sangganjanavanich, V. F., **Cook, K.**, & Rangel-Gomez, M. (2010). Filial therapy with mono-lingual Spanish speaking mothers: A phenomenological study. *The Family Journal* 18(2) 195-201.

Cook, K. (2009). The movie *Nanny McPhee* and the magic of reality therapy. *International Journal of Reality Therapy* (29)1 60-62.

Henderson, P., **Cook, K.**, Zambrano, E., Somody, C., & Jones, B. (2009). Being a good boss: A sampling of effective administrative supervision practices. *Association for Counselor Education & Supervision Spectrum* 69(3) 14-20.

Cook, K. (2008). The movie *The Secret Life of Words*: Implications for counselors. *Journal of Creativity in Mental Health* 3(3) 330-337.

Somody, C., Henderson, P., **Cook, K.**, & Zambrano, E. (2008). A working model of supervision of school counselors. *Professional School Counseling* 12(1) 22-33.

Cook, K., Juhnke, G., Peters, S., Marbach, C., Day, S., Choucroun, P., & Baker, R. (2007). Promoting clinical knowledge, skills and empathy via a creative self-suicide assignment: Rationale, purpose and student response. *Journal of Creativity in Mental Health* 2(2) 39-46.

Henderson, P., **Cook, K.**, Libby, M. & Zambrano, E. (2006). Today I feel like a professional school counsellor! Developing a strong professional school counsellor identity through career experiences. *Guidance and Counselling* 21(3) 128-142.

Golden, L., Alamia, J., Baker, R., Chilson, S., Choucroun, P., **Cook, K.**, de Vries-Kell, S. Marbach, C., & Peters, S. (2005). Doc tales. *The Family Journal* 13(4) 487-490.

Books Chapters

Cook, K. & Mayorga, M. G. (July, 2019). Who's left out sticker activity. In Pope, J., Gonzalez, M., Cameron, E. R. N., & Pangelinan, S. (Eds.). *Social justice and advocacy in counseling: Experiential activities for teaching*.

Cook, K. & Mayorga, M. G. (2018). The synchronistic choice. In Jordan, J., Perkins, B., & Lee, R's *Handbook of experiential teaching in counselor education: A resource guide for counselor educators*. Charleston, South Carolina: CreateSpace Independent Publishing.

Mayorga, M. G. & **Cook, K.** (2018). Exploring different cultures. In Jordan, J., Perkins, B., & Lee, R's *Handbook of experiential teaching in counselor education: A resource guide for counselor educators*. Charleston, South Carolina: CreateSpace Independent Publishing.

Cook, K. (2017). New chapter. In S. Degges-White, & N. Davis, *Integrating the expressive arts into counseling practice: Theory-based interventions* (2nd ed.). New York, NY: Springer Publishing Company.

Cook, K. (2017). Life maps. In S. Degges-White, & N. Davis, *Integrating the expressive arts into counseling practice: Theory-based interventions* (2nd ed.). New York, NY: Springer Publishing Company.

Cook, K. (2017). Altered books: Changed lives. In S. Degges-White, & N. Davis, *Integrating the expressive arts into counseling practice: Theory-based interventions* (2nd ed.). New York, NY: Springer Publishing Company.

Cook, K. & Sangganjanavanich, V. S. (2017). Co-constructed stories. In S. Degges-White, & N. Davis, *Integrating the expressive arts into counseling practice: Theory-based interventions* (2nd ed.). New York, NY: Springer Publishing Company.

deVries, S. R., **Cook, K.**, & Mayorga, M. (2016). Emotionally focused career portfolio processing intervention for mature adults. In S. Degges-White (Ed.) *Innovative Career Counseling Interventions*.

Mayorga, M., **Cook, K.**, Mudge, S., Hinojosa, T., & Wardle, A. (2016). Latino adolescent grief group in K. Malott, & T. Paone's *Latino adolescent counseling groups*. Taylor & Francis Group.

Cook, K., Mudge, S. & Malloy, L. (2016). Multi-media career trading cards. In S. Degges-White (Ed.) *Innovative career counseling interventions*.

Cook, K. (2014). Expressing grief through poetry writing. In S. Degges, & B. Colon's *Expressive arts interventions for school counselors*.

Malloy, L, & **Cook, K.** (2014). Career trading cards. In S. Degges, & B. Colon's *Expressive arts interventions for school counselors*.

Mayorga, M. & **Cook, K.** (2014). Remembrance bead bracelets. In S. Degges, & B. Colon's *Expressive arts interventions for school counselors*.

Mudge, S. & **Cook, K.** (2014). Multimedia timeline. In S. Degges, & B. Colon's *Expressive arts interventions for school counselors*.

Shuler, M. & Cook, K. (2014). Your true north: The life you learn from and the life you live. In S. Degges, & B. Colon's *Expressive arts interventions for school counselors*.

Cook, K. (2014). Wheel of misfortune. In K. Fineran, A. Nitza, B. Houltberg, H. Reynolds, & J. McCoy's *Group work experts share their favorite activities: A guide to choosing, planning, conducting, and processing*, 2nd ed. American Counseling Association.

Cook, K. & Redding, J. (2014). Rock ice breaker. In K. Fineran, A. Nitza, B. Houltberg, H. Reynolds, & J. McCoy's *Group work experts share their favorite activities: A guide to choosing, planning, conducting, and processing*, 2nd ed. American Counseling Association.

Cook, K. & Mayorga, M. (February 2014). Broken flower pot. In K. Fineran, A. Nitza, B. Houltberg, H. Reynolds, & J. McCoy's *Group work experts share their favorite activities: A guide to choosing, planning, conducting, and processing*, 2nd ed. American Counseling Association.

Cook, K., & Shuler, M. (2013). Parallel play at Mad Hatter's Tea House: Writing-in-relation. In A. Seto, & M. A. Bruce, *Women's retreat: Sharing voices of female faculty in counselor education*. University Press of America.

Shuler, M., & Cook, K. (2012). Spiritual autobiography: A transformative journey for a counselor in training. In C. J. Boden, & S. M. Kippers, *Pathways to transformation: Learning in relationship*. Information Age Publishing.

Somody, C., Henderson, P., Cook, K., & Zambrano, E. (2010). A working system of school counselor supervision. In M. A. Hermann, T., P. Remley, Jr., & W. C. Huey, *Ethical and legal issues in school counseling* (3rd ed., pp. 469-489). Alexandria, VA: American School Counselor Association.

Cook, K. (2010). New chapter. In S. Degges-White, & N. Davis, *Integrating the expressive arts into counseling practice: Theory-based interventions*. New York, NY: Springer Publishing Company.

Cook, K. (2010). Life maps. In S. Degges-White, & N. Davis, *Integrating the expressive arts into counseling practice: Theory-based interventions*. New York, NY: Springer Publishing Company.

Cook, K. (2010). Altered books: Changed lives. In S. Degges-White, & N. Davis., *Integrating the expressive arts into counseling practice: Theory-based interventions*. New York, NY: Springer Publishing Company.

Cook, K. & Sangganjanavanich, V. S. (2010). Co-constructed stories. In S. Degges-White, & N. Davis, *Integrating the expressive arts into counseling practice: Theory-based interventions*. New York, NY: Springer Publishing Company.

Peterson, J. S., Wartinger, L. K. & Cook, K. (2007). Putting out a fire: An intern misperceived: Response. In L. E. Tyson, J. R. Culberth, & J. Harrington, *Critical incidents in school counselor supervision*. Alexandria VA: American Counseling Association.

Clare, G., Cook, K. & Galvin, C. R. (2006). Misguided attempts to love: Intergenerational substance abuse. In S. Dugger & L. Carlson, *Critical incidents in counseling children*. Alexandria, VA: American Counseling Association.

Cook, K. & Storment, C. (2006). Trusting the process: Clinical supervision of a group counselor. In L. Golden & P. Henderson, *Case studies in school counseling*. Upper Saddle River, NJ: Merrill/Prentice-Hall.

Cook, K. & Mayorga, M. (2019). Sticker exclusion activity. In Pope, M., Gonzalez, M., Cameron, E. & Pangelinan, J. S. (Eds). *Experiential activities for teaching social justice and advocacy competence in counselors*.

Mayorga, M. G. & **Cook, K.** (2019). Marginalization activity. In Pope, M., Gonzalez, M., Cameron, E. & Pangelinan, J. S. (Eds). *Experiential activities for teaching social justice and advocacy competence in counseling*.

Edited Book

Shuler, M. K., Keller-Dupree, E., & **Cook, K.** (Eds.). (2016). Transformational learning experiences: A conversation with counselors about their personal and professional developmental journeys. NY: Hamilton Books.

Refereed Presentations

INTERNATIONAL AND NATIONAL PEER REVIEWED PRESENTATIONS (** indicates presented with students)

Mayorga, M., & **Cook, K.** (September 2, 2019). *Preparing counselors in training to work from an international perspective: What does that look like?* Mediterranean Region Counselors Association Annual Conference. Naples, Italy.

Mayorga, M., **Cook, K.**, & Hicks, J. (October 7, 2018). *Ethics, counselor wellness and therapeutic effectiveness*. European Branch of the American Counseling Association Conference, Athens, Greece.

Cook, K. (July, 2016). *Promoting professionalism: The intersection of competence and commitment*. European Conference on Psychology and the Behavioral Sciences. Brighton, England.

Mayorga, M. G., de Vries, S., & **Cook, K.** (October 3, 2015). *Implications for counselor wellness behavior among professional counselors*. European Branch of the American Counseling Association, Naples, Italy.

Cook, K., Mayorga, M., Mudge, S., Hinojosa, T., & de Vries, S. (March 28, 2014). *Creative activities to help counseling students understand unearned privilege*. American Counseling Association Annual Convention. Honolulu, Hawaii.

Mayorga, M. G., Wardle, E. A., & **Cook, K.** (October 20, 2013). Using a supervision model to construct an individualized learning plan for the diverse supervisee. Association for Counselor Education and Supervision. Denver, Colorado.

Shuler, M. & **Cook, K.** (October 18, 2013). Spiritual autobiography: A transformative journey for a counselor in training. Association for Counselor Education and Supervision. Denver, Colorado.

****Cook, K.**, Mayorga, M., Jones, B., Durodoye, B., Lusk, A., & Miller, C. L. (March 23, 2012). *Creative activities to help counseling students understand White privilege*. American Counseling Association Annual Convention. San Francisco, California.

Cook, K. (September 18, 2010). *I'm not privileged! Activities to Help Students Explore White Privilege*. Association for Creativity in Counseling. Portland, Oregon.

Sangganjanavanich, V. S., **Cook, K.**, & Lane, I. (July 5, 2010). *Career fantasy*. American School Counselor Association Conference. Boston, Massachusetts.

Cook, K. (October 18, 2009). *Supervision of School Counselors: Revisiting the Cactus in the Desert*. Association for Counselor Education and Supervision Conference. San Diego, California.

Golden, L., **Cook, K.**, & Jones, B. (October 17, 2009). *The Parent Consultation Center*. Association for Counselor Education and Supervision Conference. San Diego, California.

**** Abernethy, C., & Cook, K.** (October 15, 2009). *Managing Supervisee Anxiety and Resistance from an RCT Approach*. Association for Counselor Education and Supervision Conference. Round Table. San Diego, California.

Henderson, P., **Cook, K.**, Zambrano, E., Somody, C., & Jones, B. (October 17, 2009). *Being a Good Boss: Administrative Supervision*. Poster Session. Association for Counselor Education and Supervision Conference. San Diego, California.

Evans, M., Atkins, M., Schuler, M., Holcomb, M., **Cook, K.**, Valadez, A., & Moyer, M. (March 28, 2008). *Serenity in the sand*. American Counseling Association Annual Convention. Honolulu, Hawaii.

Cook, K. & Zambrano, E. (March 30, 2007). *My office space is speaking: Using elements of interior design to communicate to clients*. American Counseling Association Annual Convention. Detroit, Michigan.

Zambrano, E. & **Cook, K.** (April 3, 2006). *My office space is speaking: Using elements of interior design to communicate to clients*. American Counseling Association and Canadian Counseling Association Annual Convention. Montréal, Québec, Canada.

Golden, L., Trepal, H., Duffey, T., Evans, M., Juhnke, G., Alamia, J., Baker, R., Chilson, S., **Cook, K.** & Marbach, C. (October 22, 2005). *Lessons learned: Faculty and student perspectives on creating a new doctoral program*. Round Table Association for Counselor Education and Supervision National Convention. Pittsburgh, Pennsylvania.

REGIONAL PEER REVIEWED PRESENTATIONS

Cook, K., Mayorga, M. G. (November 6, 2018). Promoting professionalism: The intersection of competence and commitment. Western Association for Counselor Education and Supervision. Santa Rosa, California.

Cook, K., Mayorga, M. G., & Shuler, M. (September 29, 2016). *Promoting professionalism: The intersection of competence and commitment*. Rocky Mountain Association for Counselor Education and Supervision. Steamboat Springs, Colorado.

Cook, K., & Mayorga, M., (October 3, 2014). *Creative activities to help counseling students understand unearned privilege*. Rocky Mountain Counseling Association for Counselor Education and Supervision, Jackson Lake, Wyoming.

Henderson, P., Zambrano, E., Jones, B., & **Cook, K.** (September 23, 2008). *Supervision of school counselors*. Southern Association for Counselor Education and Supervision. Houston, Texas.

Zambrano, E., Henderson, P. & **Cook, K.** (September 8, 2006). *Supervision of school counselors*. Southern Association for Counselor Education and Supervision, Orlando, Florida.

Cook, K., Holcomb, M., Schuler, M., Zambrano, E. & Trepal, H. (September 9, 2006). *Ready, set, supervise: Professional ethics for supervisors*. Southern Association for Counselor Education and Supervision, Orlando, Florida.

STATE PEER REVIEWED PRE-CONFERENCE INSTITUTES

Shuler, M., & **Cook, K.** (November, 9, 2011). *Assessing client spirituality. An integrated model of multicultural and spiritual growth*. Pre-Conference Institute. Texas Counseling Association Annual Professional Growth Conference, Ft. Worth, Texas.

Henderson, P., Jones, B., & **Cook, K.** (November 11, 2009). *Making your vision a reality: Enhancing your administrative supervision skills*. Pre-Conference Institute. Texas Counseling Association Annual Professional Growth Conference. Dallas, Texas.

Cook, K. (November 28, 2006). *My office space is speaking: Using elements of interior design to communicate to clients*. Texas Counseling Association Pre-Conference Institute, Annual Professional Growth Conference. San Antonio, Texas.

STATE PEER REVIEWED PRESENTATIONS (** indicates presented with students)

** **Cook, K.,** Shuler, M., Holcomb, M., O'Dell, S., & Garrett, M. (November 10, 2011). *Life maps: Windows to a client's worldview*. Texas Counseling Association Annual Professional Growth Conference, Ft. Worth, Texas.

Henderson, P., Zambrano, E., Jones, B., & **Cook, K.** (November 11, 2010). *Feeling safe: Empowering clients to take advantage of counseling*. Texas Counseling Association Annual Professional Growth Conference. Austin, Texas.

** **Cook, K.,** & Abernethy, C. (November 13, 2009). *Managing Supervisee Anxiety and Resistance from an RCT Approach*. Texas Counseling Association Annual Professional Growth Conference. Dallas, Texas.

Sangganjanavanich, V. S., & **Cook, K.** (November 12, 2009). *Filial Therapy with Spanish Speaking Mothers: Contents, contexts, and considerations*. Texas Counseling Association Annual Professional Growth Conference. Dallas, Texas.

** Lane, I., **Cook, K.**, & Mitchell, R. (November 12, 2009). *Diversity 101: Multiculturalism? Racial micro aggressions? White privilege, Does it all make sense?* Texas Counseling Association Annual Professional Growth Conference. Dallas, Texas.

Henderson, P., Zambrano, E., Jones, B., & **Cook, K.** (February 16, 2009). *Being a good boss: Providing meaningful supervision in counseling.* Secondary School Counselors Conference, Austin, Texas.

Henderson, P., **Cook, K.**, Zambrano, E., & Jones, B. (January 29, 2009). *Teaching administrative supervision in counseling.* Texas Association for Counselor Education and Supervision Mid Winter Conference. Austin, Texas.

Henderson, P., **Cook, K.**, Zambrano, E., & Somody, C. (November 6, 2008). *Administrative Supervision in Counseling.* Texas Counseling Association Annual Professional Growth Conference, Houston, Texas.

Henderson, P., Zambrano, E., **Cook, K.** & Somody, C. (November 8, 2007). *Supervision of school counselors.* Texas Counseling Association Annual Professional Growth Conference. Corpus Christi, Texas.

Henderson, P., Zambrano, E. & **Cook, K.** (December 1, 2006). *Supervision of school counselors.* Texas Counseling Association Annual Professional Growth Conference, San Antonio, Texas.

Haberstroh, S., Marbach, C. & **Cook, K.** (2006). *Online Counseling.* Texas University College Counseling Center Conference, San Antonio, Texas.

Henderson, P., Zambrano, E. & **Cook, K.** (February 17, 2006). *Supervision of school counselors.* Texas Association for Counselor Education and Supervision, Austin, Texas.

Cook, K. & Zambrano, E. (November 5th, 2005). *My office space is speaking: Using elements of interior design to communicate to clients.* Texas Counseling Association Professional Growth Conference. El Paso, Texas.

Marbach, C., Baker, R., & **Cook, K.** (November 4th, 2005). *Advocacy: The role of the professional counselor.* Texas Counseling Association Professional Growth Conference. El Paso, Texas.

Marbach, C., Baker, R., & **Cook, K.** (October 29th, 2005). *Advocacy: The role of the professional counselor.* 2nd Annual Tri-Chi Consortium. San Marcos, Texas.

Cook, K. & Zambrano, E. (November, 2004). *What color is your office?* Texas Counseling Association Professional Growth Conference. Ft. Worth, Texas.

Cook, K. (November, 2000). *The ethical counselor.* Texas Counseling Association Professional Growth Conference. Houston, Texas.

Cook, K. (February, 2000). *The ethical counselor.* Safe & Drug Free Schools & Communities State Conference. Corpus Christi, Texas.

Cook, K. (November, 1999). *The ethical counselor*. Texas Counseling Association Professional Growth Conference. Corpus Christi, Texas.

Cook, K. (October, 1987). *Survival roles of children of alcoholics*. Texas Counseling Association Professional Growth Conference. Odessa, Texas.

LOCAL PEER REVIEWED PRESENTATIONS (** indicates presented with students)

** **Cook, K., & Payne, R.** (January, 2010). *The art of journaling: Expressing what's within*. South Texas Counseling Association Winter Workshop. San Antonio, Texas.

Cook, K. (January, 2004). *What color is your office?* South Texas Counseling Association Winter Workshop. San Antonio, Texas.

Cook, K. & Tower, N. (January, 1996). *Substance abuse counseling*. South Texas Counseling Association Winter Workshop. San Antonio, Texas.

Cook, K., Rodriguez, A. & Flores, A. (January, 1992). *Family shield, support for families impacted by Desert Storm*. South Texas Counselor's Association Winter Workshop. San Antonio, Texas.

Non Refereed Presentations

Cook, K., & Payne, R. (June, 2010). *The art of journaling: Expressing what's within*. Keynote speaker for Northside ISD School Counselor Summer Institute. San Antonio, Texas.

Cook, K. (April 7, 2010). *The hidden messages of environmental color*. Chi Sigma Iota. Texas A&M University, Corpus Christi, Texas.

Cook, K. (March 8, 2010). *Finding your personal leadership style with Tacky the Penguin*. Sanders Elementary School 3rd grade students. Corpus Christi Independent School District, Corpus Christi, Texas.

Cook, K. (February 10, 2010). *Managing supervisee anxiety and resistance*. Coastal Bend Association of Marriage and Family Therapy. Corpus Christi, Texas.

Cook, K. (October 16, 2008). *Managing supervisee anxiety and resistance*. Professional development conference for practicum and internship site supervisors. Texas A&M University, Corpus Christi, Texas.

Cook, K. & Marbach, C. (May 15, 2006). *Stress management for teachers*. Early College High School program teachers. Southside Independent School District, San Antonio, Texas.

Atkins, M., Cook, K., Felts, A., Marbach, C. & Sternberg, M. (May 3, 2006). *Careers in counseling*. University of Texas – San Antonio.

Alamia, J., Baker, R., Choucroun, P., Cook, K., Day, S., de Vries-Kell, S., Dominguez, S., Holcomb, M., Loudon-Gerber, G., Marbach, C., Martinez, L., Peters, S., Schuler, M., Sternberg, M. & Zambrano, E. (April 25, 2006). *Ready, set, supervise: Professional ethics for supervisors*. Orientation and

professional development conference for practicum and internship site supervisors. University of Texas - San Antonio, Texas.

Evans, M., Durodoye, B., Zambrano, E. & Cook, K. (February 18, 2006). *Multi-culturalism, diversity and poverty*. UTSA First Generation College Student Grant Presentation. San Antonio, Texas.

Zambrano, E. & Cook, K. (February 9, 2006). *New school counselor academy: Program evaluation*. Region XX Education Center, San Antonio, Texas.

Zambrano, E. & Cook, K. (November 10, 2005). *New school counselor academy: Program planning*. Region XX Education Center, San Antonio, Texas.

Zambrano, E. & Cook, K. (September 29, 2005). *New school counselor academy*. Region XX Education Center, San Antonio, Texas.

Zambrano, E. & Cook, K. (September 12, 2005). *Critical incident training for school counselors*. Region XX Education Center, San Antonio, Texas.

Cook, K. & Zambrano, E. (May 31, 2005). *My office is speaking: Using elements of interior design to communicate to clients*. Northside ISD elementary counselors. San Antonio, Texas.

Barris, R., Cook, K., Farias, M., Felts, A., Holcomb, M., Joseph, M., Krause, J., Nichols, S. & Wynn, M. S. (September, 2004). *The anti-drugs: Information & counselors*. Northside ISD, San Antonio, Texas.

Cook, K., Krause, J., & Storment, C. (September, 2004). *The martial arts of substance abuse counseling*. Northside ISD secondary counselors. San Antonio, Texas

Cook, K. (September, 2004). *Appreciating diversity*. Jordan Middle School Faculty. Northside ISD, San Antonio, Texas.

Libby, M. & Cook, K. (August, 2004). *Responding to high risk youth in the classroom*. Taft High School Faculty. Northside ISD, San Antonio, Texas.

Cook, K., Gleitz-Alviar, L. & Perez, T. (February, 2004). *Champions for the whole child*. Warren High School Faculty, Northside ISD, San Antonio, Texas.

Cook, K. (February, 2004). *The signs and symptoms of substance abuse*. Warren High School Faculty. Northside ISD, San Antonio, Texas.

Cook, K. (Annually, 2000-2004). *Wheel of misfortune group activity*. Northside ISD counselors, San Antonio, Texas.

Cook, K., Joseph, M., Loew, M., Perez, T., Tebbs-Gates, P. & Wynn, M., (Annually, 1999-2004). *Developmental assets: A web of support*. Northside ISD counselors, San Antonio, Texas.

Cook, K. (Annually, 1999-2004). *Developmental assets*. Northside ISD counselors, San Antonio, Texas.

- Cook, K. (Annually, 1996-2004). *The ethical counselor*. Northside ISD counselors, San Antonio, Texas.
- Cook, K. (Annually, 1995-2004). *The signs & symptoms of substance abuse*. Northside ISD counselors, San Antonio, Texas.
- Krause, J., Cook, K., Joseph, M., Loew, M., Tebbs-Gates, P. Tower, N., & Wynn, M. (August, 2003). *Clear and consistent messages for at-risk students*. Northside Alternative Middle Schools Faculty, Northside ISD, San Antonio, Texas.
- Cook, K. & Egli, B. (March, 2003). *Empowering youth in the classroom*. Taft High School faculty, Northside ISD, San Antonio, Texas.
- Libby, M. & Cook, K. (March, 2003). *Responding to youth in crisis*. Taft High School faculty, Northside ISD, San Antonio, Texas.
- Cook, K. & Egli, B. (March, 2003). *Developmental assets: Empowering youth*. Taft High School faculty, Northside ISD, San Antonio, Texas.
- Cook, K. (February, 2003). *Effects of traumatic stress in a disaster situation*. Taft High School faculty, Northside ISD, San Antonio, Texas.
- Barris, R., Cook, K., Farias, M., Krause, J., Loew, M., Martian-Joseph, M., Tebbs-Gates, P., Tower, N. & Wynn, M. S. (Annually, 1995-2003). *Introductory and intermediate substance abuse training*. Northside ISD counselors. San Antonio, Texas.
- Cook, K., Loew, M. & Wynn, M. (October, 2002). *Developing a substance abuse prevention & intervention program*. Northeast Independent School District Counselors Presentation, San Antonio, Texas.
- Cook, K. (October, 2001). *Stress reactions following 9-11*. Taft High School faculty, Northside ISD, San Antonio, Texas.
- Cook, K. & Kershner, D. (October, 2001). *Signs and symptoms of substance abuse and developmental assets*. Taft High School faculty, Northside ISD, San Antonio, Texas.
- Barris, R., Cook, K., Joseph, M., Loew, M., Perez, T., Tebbs-Gates, P. & Zambrano, E. (May, 2001). *Biennial survey of drug and alcohol use*. SDFSs Advisory Council. Northside ISD, San Antonio, Texas.
- Cook, K. (May, 2001). *The ethical counselor*. Northside ISD secondary counselors, end of year in-service. San Antonio, Texas.
- Cook, K. (February, 2001). *The ethical counselor*. Eanes ISD counselors. Austin, Texas.
- Krueger, D., Diou, S. & Cook, K. (October, 2000). *Where the heart meets the mind*. Northside ISD Advisory Teachers Program, San Antonio, Texas.
- Cook, K. & Tattersall, T. (February, 2000). *Children of alcoholics*. Communication Arts High School Faculty. Northside ISD, San Antonio, Texas.

Cook, K. (April, 1999). *Developmental assets: A web of support*. Taft High School Project Graduation volunteers. Northside ISD, San Antonio, Texas.

Cook, K., Joseph, M. & Perez, T. (November, 1998). *Group dynamics*. Northside ISD counselors, San Antonio, Texas.

Loew, M. & Cook, K. (August, 1995). *Inhalant abuse in Texas*. San Antonio, Texas.

Cook, K., Diou, S., Loew, M., Pear, K., Tebbs-Gates, P. & White, S. (June, 1995). *Counseling and teaching techniques with children of alcoholics*. Northside ISD counselors, San Antonio, Texas.

Cook, K. (August, 1994). *Survival roles of children of alcoholics*. Taft High School, Northside ISD, San Antonio, Texas

Cook, K. (March, 1992). *Family shield parent support group during Desert Storm*. Guest Lecturer. Our Lady of the Lake University Counseling Class, San Antonio, Texas.

Cook, K. (April, 1988). *Successful parent conferences*. Northside Counselors Association. San Antonio, Texas.

Cook, K. (December, 1987). *Successful parent conferences*. Braun Station faculty, Northside ISD, San Antonio, Texas.

Cook, K. (February, 1986). *Signs & symptoms of substance abuse*. Braun Station Elementary School parents. Northside ISD, San Antonio, Texas.

Cook, K. (1984). *Stress management*. Southwest Middle School faculty. San Antonio, Texas.

Funded Grants

Cook, K. (2018). Hearst I Grant. Our Lady of the Lake University: \$500.

Cook, K. (2007). Association for Counselor Education & Supervision Research Grant: \$1,500.

Cook, K. (2005). Texas Counseling Association Educational Endowment Fund: \$500.

Other

PROFESSIONAL NEWSLETTER ARTICLE

Cook, K. (February, 2005). STCA winter workshop dream catchers: Many dreams, one vision. *South Texas Counseling Association Newsletter*, 5(3).

INSTRUCTOR'S MANUALS & MATERIALS

Cook, K. (2014). Instructor's materials to accompany Walsh's *Theories for direct social work practice*. Cengage Learning.

Cook, K. (2013). Instructor's materials to accompany Kottler and Chen's 2nd edition of *Stress management and prevention: Application to daily life*. Routledge Publishing Company.

Cook, K. (2012). Online Powerpoint & test bank to Rosenberg & Rosenberg's 2nd edition of *Community mental health: Challenges for the 21st century*. Routledge Publishing Company.

Cook, K. (2012). Online Instructor's Materials to accompany Landreth's *Play therapy: The art of the relationship*. (3rd ed.). Routledge.

Cook, K. (2011). Online Instructor's Manual & test bank to accompany Brammer's *Diversity in counseling*. (2nd ed.). Belmont CA: Brooks/Cole.

Cook, K. (2010). Online Instructor's Manual & test bank to accompany Nassar-McMillan & Niles' *Developing your identity as a professional counselor: Standards, settings, and specialties*.
www.academic.cengage.com/counseling/nassar-mcmillan.

SERVICE

Service to Department

2022 *Member*, Faculty Search Committee – School Counseling, Clinical Mental Health Counseling and Clinical Rehabilitation Counseling (4 positions)

2021 *Member*, Faculty Search Committee – Psychology Department

2020-2021 *Member*, Faculty Search Committee-Clinical Mental Health

2020, Spring/ *Chair*, Faculty Search Committee- Clinical Rehabilitation Counseling
Summer

2020 & 2021 *Member*, Raise Your Hand Texas Scholarship Committee

2020, Spring *Interim Member*, Psychology Program Doctoral Student Interview Committee

2016- Jan *Liaison*, South Texas Counseling Association Winter Workshop hosted by
2017 Counseling Department, Texas A&M University – San Antonio

2017,
Spring *Primary Writer*, Program Evaluation Review for Counseling Department
Texas A&M University – San Antonio

2016,
Spring *Member*, Faculty Search Committee – Department Chair
Texas A&M University – San Antonio

2015, Fall – *Member*, Faculty Search Committee MFT Faculty
2016,
Spring Texas A&M University – San Antonio

2012,
Spring *Chair*, Faculty Search Committee
Texas A&M University – San Antonio

2012, Fall - *Chair*, Faculty Search Committee

Texas A&M University – San Antonio

- 2011-2017 *Course Lead*
Texas A&M University – San Antonio
Counseling Diverse Populations and Military Cultures
Field Practicum in Counseling
- 2008-2010 *School Counselor Coordinator* Texas A&M University – Corpus Christi
Align school counseling track curriculum with CACREP 2009 standards
Develop new course offerings in alignment with CACREP 2009 standards

Service to College

- 2017 *Co-Chair*, College of Education and Human Development Tenure and Promotion Guidelines Review Committee
- 2016 *Chair*, College of Education and Human Development Post Tenure Review Committee
- 2014-2017 *Chair*, College of Education and Human Development Promotion and Tenure Committee
- 2013 *Chair*, Creekmore and Adele Fath Charitable Trust Counseling with a Military Emphasis Scholarship Selection Committee
- 2014 *Thesis Committee Member*
Katie Padron
Texas A&M University – San Antonio
- 2010 *Doctoral Dissertation Committee Member*
Children with autism: Experience of caregivers
Ileana Lane
Texas A&M University – Corpus Christi
- 2009 *Doctoral Dissertation Committee Member*
Exploring the use of poetry in counselor training and supervision
Christine McNichols
Texas A&M University – Corpus Christi

Service to University

- Our Lady of the Lake University
2018-present *Member* – Graduate Faculty Council
- Texas A&M University – San Antonio
2016 *Member* – University Bi-Laws Task Force

- 2011-2012 *Co-Chair* Curriculum Advisory Board for Development of MFC Program with Emphasis on Military Families
 Co-write proposal for the program
 Coordinate and facilitate Curriculum Advisory Board meetings
 Co-develop curriculum for proposed courses
- 2012 - 2015 *Chair*, Toyota Texas Teacher STEM Scholarship Selection Committee
 Develop process for the committee to select scholarship recipients
- 2013-2015 *Chair*, Creekmore and Adele Fath Charitable Trust Texas Teacher STEM Scholarship Selection Committee

Service to Community

- 2016-present *Steward*, Little Free Library
- 2018 *Participating Artist*, Artsy-Barksy Fund Raiser – Animal Defense League
- 2013-2023 *Participating Artist*, Bihl Haus On/Off Fred Art Studio Tour
 2017 House was featured in Express News to support the Art Studio Tour
- 2014 *Participant*, Monticello Park Historic Neighborhood Association Home Tour
- 2011-2013 *Facilitator*, Student presentations for Alpha Home clients
- 1999 *Member*, Middle School Substance Abuse Prevention Curriculum Review Committee, NISD, San Antonio, Texas.
- 1984-1985 *Sponsor*, Drug Awareness Center’s Fiesta Teen Queen Competition
- 1983-1985 *Coach*, University Interscholastic League (UIL) Ready Writing & Speech competitions

Service to Profession

Professional Memberships

- American Counseling Association
- Association for Counselor Education and Supervision
- American School Counseling Association
- Southern Association for Counselor Education and Supervision
- Rocky Mountain Association for Counselor Education and Supervision
- Texas Counseling Association
- Texas School Counseling Association

Roles

- 2016 Spring Proposal Reviewer
 European Conference on Psychology and the Behavioral Sciences

2014 December	CACREP Site Team Member
2014 April	CACREP Site Team Member
2013 July	CACREP Site Team Member
2013 April	CACREP Site Team Member
2012-2022	Reviewer <i>Journal for Creativity in Mental Health</i>
2015-2019	Reviewer <i>Journal of School Counseling</i>
2012	Proposal Reviewer for the Annual Conference American Counseling Association (ACA)
2010	Executive Editor <i>Guidelines Newsletter</i> Texas Counseling Association
2009	Proposal Reviewer for the National Conference Association for Counselor Education & Supervision
2009	Proposal Reviewer for the Annual Conference Texas Association for Counselor Education & Supervision
2007-2008	Web-site Liaison South Texas Counseling Association
2007	Proposal Reviewer for the Regional Conference Southern Association for Counselor Education & Supervision
2006-2007	Chair - By-Laws South Texas Counseling Association
2005-2006	Chair of Keynote Speaker Committee for the 50 th Annual Professional Growth Conference Texas Counseling Association
2005	Proposal Reviewer Tri-Chi Consortium – Chi Sigma Iota
2005	Committee Member Chi Sigma Iota Self-Care Mini Fair Project for UTSA Counseling Students
2004-2005	Co-Chair for Programs, Winter Workshop South Texas Counseling Association

HONORS AND AWARDS

- 2016 – Professional Writing Award
November Texas Counseling Association
Awarded at TCA conference - Dallas, Texas
- 2016 - May Professional Writing Award
South Texas Counseling Association
Awarded at STCA banquet – San Antonio, Texas
- 2012 Teacher Excellence Award
Texas A&M University System
- 2011 Distinguished Service Award
Texas Counseling Association
- 2005 1st place Human Rights Poster Competition
Texas Counseling Association
- 2005 Outstanding Multi-Level Counselor of the Year
South Texas Counseling Association
- 2005 Academic Scholarship
South Texas Counseling Association
- 1985 Lifetime Membership Award
Texas Parent Teacher Association
- 1985 Teacher Excellence Award
Southwest Middle School
- 1985 Service Recognition Award
San Antonio Drug Awareness Center

OTHER PROFESSIONAL ACTIVITIES

- 2009 - 2012 Mentor Student Publications in the *Journal for Creativity in Mental Health*
Lara, F. (2012). *Movie review: It's kind of a funny story.*
Natividad, A. (2010). *Movie review: Precious: Based on the Novel Push by Sapphire.*
Aguilar, J. (2010). *Movie review: Boys Never Cry.*
Mitchell, R., (2010) *Movie review: Queen sized.*
Lancaster, C. (2009). *Movie review: Twilight.*
Lane, I. (2009). *A relational cultural approach to the Broadway musical Wicked.*
Abernethy, C. (2009). *Movie review: The Visitor.*
- 2010 Paid Reviewer, Cengage Learning: Brooks/Cole Publishing

- 2009 Paid Reviewer, Sage Publications
- 2006 Editorial Assistance
L. Golden & P. Henderson (Eds.). (2006). *Case studies in school counseling*. Upper Saddle River, NJ: Merrill/Prentice-Hall.
- 1984 Editorial Assistance
Cull, J. G., & Golden, L. B. (1984) *Psychotherapeutic techniques in school psychology*. Springfield, IL: Charles C. Thomas Publisher.