

## Curriculum Vitae

JOHN PATRICK GOMEZ, PhD

### Home Address

1131 Cougar Country  
San Antonio TX 78251  
210-414-2674 [cell]  
jpgomez@ollusa.edu

### Office Address

Department of Psychology  
Our Lady of the Lake University  
411 S. W. 24th Street, San Antonio, TX 78207  
210-431-6577; 210-346-0824 (Fax)

## ACADEMIC EMPLOYMENT HISTORY

- Aug. '13 - Present      Professor, Department of Psychology, Our Lady of the Lake University [OLLU], San Antonio, Texas.  
Teaching at the undergraduate and masters level. Advising 25-30 students per year. Research involves undergraduate student development and preparation for graduate school.
- Aug. '09 – July '11      Chair, BA Program, Department of Psychology, OLLU, San Antonio, Texas.  
Represent B.A. Program at university meetings and functions. Manage daily office activities.
- Aug. '06 – July '13      Associate Professor, Department of Psychology, OLLU, San Antonio, Texas.  
Awarded tenure in 2008.
- Aug. '01 - July '06      Assistant Professor, Department of Psychology, OLLU, San Antonio, Texas.  
Teaching at the undergraduate, masters, and doctoral level. Dissertation committee service. Research developed a training program to teach mental health caregivers to provide culturally-sensitive services to Hispanic clients.

## EDUCATION

- Postdoctoral Study (in ethnic minority mental health research), Research Center for Group Dynamics, Institute for Social Research, *University of Michigan at Ann Arbor*, 1998-2000.
- Ph.D. in Psychology, University of Michigan at Ann Arbor, May 1998.  
Specialization: Clinical Psychology (APA-Accredited)  
Dissertation Title: Exploring cross-group discrimination: The subjective experience of inferiorizing events.  
Internship: Department of Psychiatry (outpatient and inpatient clinics), University Hospital, University of Michigan Medical Center (APA-Accredited internship).
- M.A. in Psychology, University of Michigan at Ann Arbor, September 1994.  
Thesis Topic: Defensive Self-Enhancement and its Negative Relationship to Psychotherapy Progress.
- B.A. in Psychology, St. Mary's University, San Antonio, TX, May 1991.  
Minor: Computer Science. Magna cum laude honors.

## SERVICE TO UNIVERSITY (Our Lady of the Lake University [OLLU], San Antonio, TX)

- Member, Undergraduate Curriculum Committee, Fall 2021 to Present.
- Member, Enrollment Management Advisory Council, August 2015 to present and August 2022 to present.
- Member, Online Learning Advisory Council, Fall 2018 to Present.
- Member, Strategic Planning Team 10.1 "Create an Environment to Foster and Support Innovation".  
2019. Leader: Rosalinda Garcia, VO Administration.

Member, Strategic Planning Team 4.2 “Upper-level student completion. Junior-senior Retention.”  
2019. Leader: George Williams, VP Student Affairs.  
Co-leader (with Anne Gomez, Chief Communications Officer) Strategic Planning Team 4.10  
“Implement double majors/minors options across all schools and colleges”. Double Major in Four  
Years initiative [DMFY], Office of Academic Affairs overload contract Jan-Dec 2019.  
Member, Academic Program Review Committee, Fall 2017 to Spring 2019.  
Member, Institutional Advancement Advisory Council, August 2015 to Spring 2019.  
Panelist speaker (faculty representative), OLLU Board of Trustees Annual Retreat, *Shared Governance*,  
October 10, 2018.  
Member, Faculty Affairs Committee, Fall 2016 to May 2017.  
Member, General Education Committee, Fall 2015 to May 2016.  
Panelist speaker, *Exploring Academic Publishing*, February 10, 2015.  
Consultant for program revitalization appointed by VPAA M. Evans, 2014-2016.  
Chair, Program Revitalization Task Force of the Faculty Assembly, 2013-2014.  
President, OLLU Faculty Assembly, April 2011 – May 2012.  
OLLU McNair Scholars program, Selection Committee member, 2003 - 2014.

### TEACHING INTERESTS

Clinical psychology and related topics, including adult psychopathology, theories, practice methods, and  
psychological assessment.  
Undergraduate student professional development, especially preparation for graduate studies.  
Research methods and measurement issues. Questionnaire design.  
Intergroup relations, multicultural perspectives in psychology.

### TEACHING EXPERIENCE

Department of Psychology, Our Lady of the Lake University, San Antonio, Texas.  
*Undergraduate level:* Research Methods, Abnormal Psychology, Introduction to Psychology, Learning  
and Cognition, GRE Exam Preparation, Preparing for Graduate School  
*Masters level:* Research Methods and Procedures  
*Doctoral level:* Experimental Design & Statistics, Cognitive & Behavioral Therapies  
Online Teaching Experience  
*Undergraduate level:* Abnormal Psychology, GRE Exam Preparation, Preparing for Graduate School.

### RESEARCH INTERESTS

Undergraduate student development and preparation for graduate school.  
Mental health service delivery to Spanish-speaking client populations.  
Measurement and psychometrics, especially questionnaire design.  
Intergroup relations and discrimination involving ethnic minorities (race) and women (gender).

### ONLINE PRESENCE

(1) Blackboard LMS organization page, *Graduate Study in Psychology*, 2016-present.

This is a group mentoring effort I organized in the OLLU Department of Psychology for mentoring  
PSYC majors and minors. Graduate school bound students are invited to explore options for graduate study,  
including specialties and the various types of graduate degrees: the Masters, the PhD, and the PsyD in  
psychology. Here we want to support their personal decision-making about graduate school and teach them to  
look your very best in the application package you will soon submit to graduate schools.

Mentoring Message: “Start thinking strategically about your future professional self and your  
professional career. Really focus on this big decision and major next step in your professional lives. Deciding  
what field you will pursue and what university you will attend are two of the biggest decisions you will make  
in your life.” Availability: Only available within OLLU learning management software system.

(2) SABER *Scholars Library*, 2018-present.

The Scholars Library is a growing collection of critical readings and sample materials to support the professional development of “SABER Scholars”, postdoctoral research scientists housed at the University of Texas Health Systems (San Antonio) as part of the San Antonio Biomedical Education and Research (SABER) Program. I provide monthly updates to critical readings, articles, web links, reference books, sample teaching materials, and other professional resources to enhance their teaching and research skills and to advance career development. This online virtual library (<http://opa.uthscsa.edu/saber/library>) includes 18 topics under three categories of

- ✓ Applying for Academic Jobs (job search sources, choosing the right job, the job market, the job search experience, components of a job application, cover letters and statements, job interviews),
- ✓ Career Advice: Life in Academia (publishing and research activity, daily life in academia, career development and relationships), and
- ✓ Teaching-Pedagogy (recommended books, lectures and classroom activities, classroom and laboratory approaches, students, advising and mentoring, testing and assessment, online teaching).

Part of UTHealth's NIH-funded Institutional Research and Academic Career Development Award (IRACDA) grant headed by Jim Lechleiter (Lechleiter@uthscsa.edu). My idea in creating this mentoring outreach tool in August 2018 was to pool resources into one central online location in order to expand outreach to all scholars. My work supports Dr. Lechleiter's and IRACDA's goal of helping young scientist-instructors enhance their career potential and find their first faculty position.

PROFESSIONAL PRESENTATIONS

- Gomez, J. (September 29, 2022). *Creating an Online Platform to Connect with Students: Extending the Mentor's Reach*. Presented at 2022 Annual Alamo Colleges Mentoring Conference 2022 hosted by Northeast Lakeview College within Alamo Colleges District. (invited speaker, state/regional professional audience)
- Gomez, J., Lechleiter, J. and Oyajobi, B. (July 11, 2022). *The Job Search Experience in 2022-2023: Recommendations from the SABER\*IRACDA Program Library*. Presented at 2022 National IRACDA Conference hosted by University of New Mexico at Albuquerque. IRACDA stands for the Institutional Research and Academic Career Development Award grant housed in UT Health Science Center by Drs. Lechleiter & Oyajobi. This national conference is a gathering of members of all 16 IRACDA programs in the U.S. (invited speaker, national professional audience).
- Gomez, J. (March 24, 2022) *Students In Difficulty: Assessing and Helping Struggling College Students*. UTeach Speaker Series, University of Texas Health Systems (San Antonio) Continuing Education. Audience: UT Health postdoctoral fellows, advanced graduate students, faculty members, research staff and residents/fellows interested in a career that includes teaching. (consultant to another university, local)
- Gomez, J., Lechleiter, J. and Oyajobi, B. (June 22, 2021). *A Career Development Resource for Postdoctoral Scientists and their Mentors*. Presented webinar at 2021 National IRACDA Conference co-hosted by NYCAPS (Stonybrook University), INSPIRE (Rutgers University), and BETTR (Einstein College of Medicine). (invited speaker, national audience).
- Gomez, J. (July 30, 2021) *Dealing With Stress During Your Postdoc*. Presented to UT Health San Antonio Postdoctoral Association (UP), a guest speaker at this monthly gathering of UTHealth postdocs. (invited speaker, San Antonio audience)
- Gomez, J. (December 10, 2020) *Navigating Applications to Faculty Jobs During a Pandemic*. Hosted by 8th Annual San Antonio Postdoctoral Research Forum. (invited speaker online webinar, South Texas audience).
- Gomez, J. (December 10, 2020) *Experiences and Recommendations in the Academic Job Search Experience*. UTeach Speaker Series, University of Texas Health Systems (San Antonio) Continuing Education. Audience: UTHealth postdoctoral fellows, advanced graduate students, faculty members, research staff and residents/fellows interested in a career that includes teaching. (consultant to another university, online webinar, local San Antonio audience)

- Gomez, J., Lechleiter, J., Oyajobi, B. & McManus, L. [colleagues at University of Texas Health Science Center at San Antonio] (December 7, 2020) *A Career Development Resource for Postdoctoral Scientists and Mentors: UT Health's SABER\*IRACDA Library*. Hosted by 8th Annual San Antonio Postdoctoral Research Forum. (invited speaker online webinar, South Texas audience).
- Gomez, J. (October 15, 2020) *Students In Difficulty: Assessing and Helping Struggling College Students*. UTeach Speaker Series, University of Texas Health Systems (San Antonio) Continuing Education. Audience: UT Health postdoctoral fellows, advanced graduate students, faculty members, research staff and residents/fellows interested in a career that includes teaching. (consultant to another university, online webinar, local San Antonio audience)
- Gomez, J. (October 8, 2019) *Students In Difficulty: Assessing and Helping Struggling Students*. UTeach Speaker Series, University of Texas Health Systems (San Antonio) Continuing Education.
- Gomez, J. (March 11, 2019) *Extending the Mentor's Reach: Record your Career Advice to an Online Platform*. International Mentoring Association annual conference, University of Florida, Gainesville, FL. Category B (peer-reviewed presentation, international audience)
- Gomez, J. (2019, February 19). *Advantages of an online platform to extend the mentor's reach* [Webinar]. In International Mentoring Association Webinar Series. Retrieved from <https://mentoringassociation.webex.com/ec3300/eventcenter/recording/recordAction.do?theAction=poprecord&siteurl=mentoringassociation&entapname=ur13300&internalRecordTicket=4832534b0000004db3997a43d9bedb66a6fd33de7282d87c6f782b4af71e524470ba5b95da0210e&renewticket=0&isurlact=true&format=short&rnd=1843451579&RCID=5a5a0e4357d618649218c4e160966e02&rID=18420747&needFilter=false&recordID=18420747&apiname=lsr.php&AT=pb&actapname=ec3300&&SP=EC&entactname=%2FnbrRecordingURL.do&actname=%2Feventcenter%2Fframe%2Fg.do> (international audience)
- Gomez, J. (November 2017) *Intrusive Mentoring of College Students Using the Blackboard Online Platform*. Paper published in Conference Proceedings for the 2017 Annual Conference of the Mentoring Institute at the University of New Mexico [UNM], Albuquerque NM. (national audience, peer-reviewed)
- Gomez, J. (November 2017) *Intrusive Mentoring of College Students Using the Blackboard Online Platform*. Talk delivered at 2017 annual conference of the Mentoring Institute at the University of New Mexico, Albuquerque NM. (national audience, peer-reviewed)
- Gomez, J. (November 2017) *Self-care During Final Exams*. Talk for student group Young Men of Promise, a student service group headed by OLLU's Drs. Quintanilla (ENGL), Pena (VPAA), Laney (CAS), and VP Delgado (Enrollment Management).
- Gomez, J. (April 2017) *GRE Exam Preparation: Support Students by Teaching a Course*. Talk presented at the Southwest Psychological Association [SWPA] annual conference (Southwest Teaching of Psychology division) held in San Antonio TX. (national audience, peer-reviewed)
- Gomez, J. (2016) *How to properly request letters of recommendation from your professors: Ask, don't tell*. Eye on Psi Chi Magazine, Washington, DC: American Psychological Association. (national audience, peer-reviewed journal). Described the most common mistakes when asking for a letter. Sidepiece described for students can influence the content of those letters.
- Gomez, J. (November 2015) *Successfully Mentoring the Future Psychologists of Texas: Increasing Ethnic and Class Diversity*. Poster presented at the Texas Psychological Association Annual Convention, San Antonio, TX. Outcomes assessment from 2010 to 2012 demonstrated that we are improving student knowledge and preparation, demystifying the GRE exam experience, and successfully guiding the process of selecting and applying to graduate schools.
- Gomez, J. (October 2015) *Preparing for graduate study in psychology: There's more to it than completing your bachelor's degree!* Talk presented at Department of Psychology, Texas A&M University at San Antonio, TX. Described how to make decisions about pursuing graduate study, as well as how to improve one's academic record and professional skills while in college.
- Gomez, J. (November 2014) *Directive Mentoring about Graduate School Plans with Underrepresented Psychology Students*. Talk presented at University of New Mexico Mentoring Institute Annual Conference, Albuquerque, NM. Described OLLU's BA-PSYC program's use of directive mentoring to acculturate our mostly first-generation Mexican American undergraduates.
- Gomez, J. (November 2014) *Preparing Students for Graduate School: A Department "Experiment"*. Poster presented at APA Division 4 Society for the Teaching of Psychology Annual Conference, Atlanta, GA. Described the BA-PSYC five-part curriculum: 1) degree plan concentrations; 2) directive mentoring

- about graduate school; 3) on-demand information about grad school FAQs; 4) a university-based GRE Exam Preparation course; and 5) a semester-long Preparing for Graduate School course.
- Gomez, J. (November 2014) *Teaching a University Course in GRE Exam Preparation: Positive Outcomes for Students*. Poster presented at APA Division 4 Society for the Teaching of Psychology Annual Conference, Atlanta, GA. Described advantages of the university-based GRE prep course: 1) as a standing course can be a tuition expense covered by students' financial aid; 2) the semester-long format allows repeated rehearsal of the tense test experience; and 3) the supportive classroom environment motivates students to study.
- Gomez, J. (Sept. 2013) *Preparing for Graduate Studies: The OLLU Psychology 'Experiment'*, Invited talk at Department of Psychology, Texas A&M University at San Antonio. Described positive outcomes for the OLLU Psychology Department's use of a learning environment to acculturate students to a new world of academia and advanced scholarly pursuits.
- Gomez, J. (June 2012) *GRE Exam Preparation* workshop presentation (TRIO/McNair student audience). Taught specific test-taking tactics and guided McNair Scholars and TRIO students to develop a practical and efficient plan of study.
- Gomez, J. (April 2012) *Prepare Yourself for Graduate School* presentation (TRIO/McNair student audience). Purpose was to introduce undergraduate students to the pursuit of graduate studies, a critical supplement to the education of our TRIO students for whom pursuing a BA degree alone is a major step forward in their family histories.

#### PROFESSIONAL PUBLICATIONS

- Gomez, J. (2016) *How to properly request letters of recommendation from your professors: Ask, don't tell*. Eye on Psi Chi, Washington, DC: American Psychological Association. (national audience, peer-reviewed journal).
- Gomez, J. (June 2014) *Directive Mentoring about Graduate School Plans with Underrepresented Psychology Students*. Published in Conference Proceedings of the University of New Mexico Mentoring Institute Annual Conference 2014. Professors' directive mentoring inculcates the idea that a second degree after the bachelors degree is normal for historically-underrepresented psychology students.
- Gomez, J. (Fall 2011) *Bring It On: Preparing Yourself for the Graduate Records Examination*, published by Eye on Psi Chi by Psi Chi, the International Honor Society in Psychology and the American Psychological Association. (national audience, peer-reviewed journal)
- Biever, J., Gomez, J., Gonzalez, C. & Patrizio, N. (May 2011) *Psychological services to Spanish-speaking populations: A model for training competent professionals*, *Training and Education in Professional Psychology*, 5(2), 81-87.
- Gomez, Guerrero, Anderson, Graham, Corey & Cusack, R. (Spring 2011) *Avoid Pitfalls in Planning for Graduate School*, published by Eye on Psi Chi by Psi Chi, the International Honor Society in Psychology and the American Psychological Association. (national audience, peer-reviewed journal)

#### AWARDS AND HONORS

- OLLU Fleming Endowed Award (exemplary faculty service). May 2019.
- OLLU 1895 Commemorative Award for Faculty Excellence (superior teaching). May 2018.
- Hearst Funds awarded (\$750) for conference presentations: 2015, 2017.

#### PROFESSIONAL REFERENCES

- Joan Biever, Ph.D., Professor, Department of Psychology, Our Lady of the Lake University, 411 S. W. 24th Street, San Antonio, TX, 78207. Phone: (210) 431-4008. E-mail: [jbiever@ollusa.edu](mailto:jbiever@ollusa.edu)
- Kathryn Anderson, Ph.D., Professor, Department of Psychology, Our Lady of the Lake University, 411 S. W. 24th Street, San Antonio, TX, 78207. Phone: (210) 434-6711, ext. 2495. E-mail: [kbanderson@ollusa.edu](mailto:kbanderson@ollusa.edu)

Produced January 2023. Reflects only 2013 to present.