

Deborah K. Hendren, Psy.D.

Education

Psy.D. (1998)	Counseling Psychology (APA Accredited Program) Our Lady of the Lake University San Antonio, Texas
M.S. (1992)	Clinical Psychology St. Mary's University San Antonio, Texas
B.A. (1988)	Major: Psychology Stephen F. Austin State University Nacogdoches, Texas

Licensure

Licensed Psychologist - #37518

Professional Experience

Our Lady of the Lake University Associate Professor of Psychology
PsyD Counseling Psychology Training Director

Teaching Responsibilities: Abnormal Psychology, History and Systems, Strengths Based Approaches, Counseling I: Theory and Skills, Counseling II: Group Leadership, Physiological Psychology, Cognitive Psychology, Statistics, Practicum, Research Methods, Health Psychology, Mental Health and Aging, Theories of Personality, Latinx Psychology.

Texas Southmost College

Psychology Instructor

Quality Enhancement Plan Director

Interim Dean of Humanities

Behavioral Sciences Department Chair

Brownsville, Texas

2013 - 2019t

2018 - 2019

2016 - 2018

2015 - 2016

Teaching Responsibilities: General Psychology, Lifespan and Developmental Psychology, Learning Frameworks, and Personality Psychology.

Administrative Assignments/Responsibilities: Current assignment involves working on the design and implementation of the Texas Southmost College's Quality Enhancement Plan (QEP). The QEP is an integral part of the reaffirmation of accreditation process with the Southern Association of Colleges and Schools Commission of College. TSC's QEP focuses on enhancing core curriculum courses with metacognitive instruction. Prior to serving as the QEP director, served as Chair of Behavioral Sciences department and Interim Dean of Humanities.

**The University of Texas at Brownsville
And Texas Southmost College**

Assistant Professor

Lecturer

Counseling Center Director

Brownsville, Texas

2006 - 2013

January, 2006 – August, 2006

2001 - 2006

Teaching Responsibilities: Abnormal Psychology, Health Psychology, Positive Psychology, General Psychology, Lifespan and Developmental Psychology, History of Psychology, Theories of Psychotherapy (graduate level), Personal Growth and Development (graduate level), Abnormal Psychology II (graduate level).

Counseling Center Director: Directed several components within the Counseling Center, including: College Assistance Migrant Program, Personal Counseling, Career Counseling, and Student Support Services. Provided individual, group and couples counseling, emergency coverage, and consultations for faculty and staff. Provided clinical supervision for masters-level practitioners. Taught ethics workshops for Licensed Professional Counselors, Licensed Medical Social Workers, and Registered Nurses.

St. Mary's University

Staff Psychologist

San Antonio, Texas

1998 - 2001

Provided individual and couples counseling, group therapy, intake assessments, emergency coverage, career and learning disability assessments. Assisted in providing supervision to practicum students and psychology residents. Provided various workshops for residence hall staff on crisis intervention, communication skills, and referral procedures.

Texas State University

Pre-Doctoral Internship

San Marcos, Texas

1997 - 1998

Provided individual and couples counseling, group therapy, intake assessments, emergency coverage, supervision of doctoral-level practicum students, and psychological, career, and learning disability assessments. Maintained diverse caseload.

Alamo Mental Health Group

Licensed Professional Counselor

San Antonio, Texas

1996 - 1997

Provided individual, family, and group therapy on an inpatient, day hospital, and outpatient basis. Conducted psychological assessments and screenings for diagnostic and treatment planning procedures. Conducted biofeedback therapy with chronic pain, anxiety, and stress related conditions. Coordinated treatment plans with various managed care organizations.

Private Practice

Licensed Psychologist
San Antonio Practice

Brownsville, Texas

2013 - 2019
1995 - 1999

Maintain a small private practice offering individual and family therapy. In San Antonio, contracted services to the Alamo Mental Health Group to facilitate inpatient psychotherapy groups at Villa Rosa Hospital.

Our Lady of the Lake University

Adjunct Instructor
Project Coordinator

San Antonio, Texas

2015 - 2016
1995 - 1998

Teaching Responsibilities: Adjunct instructor for the Rio Grande Valley campus teaching Abnormal Psychology and Counseling I: Theory Skills.

Project coordinator for a research grant funded by The Texas A&M University. Designed, implemented, and evaluated a research project focused on the efficacy of the Master Gardener's Classroom Garden Project.

The University of Texas Health Science Center at San Antonio

Clinical Instructor/Project Coordinator
Medical Case Manager

San Antonio, Texas

1992 - 1996
1991 - 1992

Program Coordinator for the South Texas Center to Study Children with Special Health Care Needs project and the Texas Department of Health HIV Risk Reduction Project. The projects were developed to help support the development of community systems of care for children with special health care needs and high-risk adolescents. Supervised master's level clinical psychology students. Supervised and facilitated adolescent didactic and process groups. Provided staff training workshops on HIV for various community agencies. Coordinated community relationships with various short-term facilities and placements within the Bexar county area.

Publications

Coker, A. L., Sanderson, M., Cantu, E., Huerta, D., & Fadden, M.K. (2008). Frequency and types of partner violence among Mexican American college women. *Journal of American College Health, 56*, 665-673.

Alexander, J., North, M.W., & Hendren (Huerta), D. (1995). The Master Gardener

classroom garden project: An evaluation of the benefits to children at James Madison elementary school. *Children's Environments Quarterly*, 12(2), 256-263.

Presentations

Huerta, D. (April, 2012). *Acculturation, familism, social support as predictors of willingness to seek psychological services*. Presented at the 56th Annual Meeting of the Southwestern Psychological Association, Oklahoma City, Oklahoma.

Law, R., Cox, C., Davis, C., & Huerta, D. (April, 2012). *Predictors of participation and learning in red cross disaster training*. Presented at the 56th Annual Meeting of the Southwestern Psychological Association, Oklahoma City, Oklahoma.

Cervantes, M., Licona, P., Davis, W., Huerta, D., & Cox, C. (April, 2012). *Service learning: The hurricane action team (H.A.T) project*. Poster presented at the 56th Annual Meeting of the Southwestern Psychological Association, San Antonio, Texas.

Cervantes, M., Lozoya, K., Ortiz, G., Barroso, J., Gutierrez, A., Hinojosa, K., Martínez, K., & Huerta, D. (April, 2012). *Cultural beliefs, gender and age as predictors of willingness to seek psychological services*. Poster presented at the 56th Annual Meeting of the Southwestern Psychological Association, San Antonio, Texas.

Cervantes, M., Lozoya, K., Ortiz, G., Barroso, J., Gutierrez, A., Hinojosa, K., Martinez, K., & Huerta, D. (March, 2012). *An individual's attitude toward gun control and its relation to the NEO-PI-R*. Poster presented at the 14th Annual UTB/TSC Research Symposium, Brownsville, Texas.

Huerta, D., & Wood, V. (April, 2011). *The effect of acculturation on Mexican American college students' recognition of depressive symptoms and treatment options*. Poster presented at the 55th Annual Meeting of the Southwestern Psychological Association, San Antonio, Texas.

Wood, V.V., Huerta, D., & Johnson, M. (April, 2011). *An exploration of relationship options among Mexican American college students*. Poster presented at the 55th Annual Meeting of the Southwestern Psychological Association, San Antonio, Texas.

Rodríguez, D., Allen, G., Cervantes, M., Ibarra, J., Camacho, P., Taylor, B., Lozoya, K., Flores, Z., & Huerta, D. (April, 2011). *Acculturation and Mexican American college student's willingness to seek psychological help*. Poster presented at the 55th Annual Meeting of the Southwestern Psychological Association, San Antonio, Texas.

Huerta, D. (March, 2011). *Depression: The Hispanic paradox*. Presentation at the Cameron County Mental Health Task Force Workshop.

- Rodríguez, D., Allen, G., Cervantes, M., Flores, Z., Ibarra, J., Taylor, B., Camacho, P., & Huerta, D. (March, 2011). *Mental health literacy among Mexican American college students: Perception of mental health disorders as influence by acculturation*. Poster presented at the 13th Annual UTB/TSC Research Symposium, Brownsville, Texas.
- Johnson, M., Huerta, D., & Wood, V.V. (May, 2010). *Friendships, Friends with Benefits, and Hooking Up Among Hispanic College Students*. Poster presented at American Psychological Science Annual Convention, Boston, Massachusetts.
- Huerta, D., Wood, V.V., & Johnson, M. (April, 2010). *An Exploration of Relationship Options among Hispanic University Students*. Poster presented at the 54th Annual Meeting of the Southwestern Psychological Association, Dallas, Texas.
- Wood, V.V., Huerta, D., & Cox, C. (March, 2010). *Friends with Benefits, Hooking up and Dating Among Hispanic University Students*. Poster presented at the 12th Annual UTB/TSC Research Symposium, Brownsville, Texas.
- Huerta, D., & Wood, V.V. (January, 2010). *Dating and friendships among emerging adults*. Presentation at the 16th Annual Counselors' Institute, South Padre Island, Texas.
- Davis, W.C., Huerta, D., & Lucio, D. (April, 2009). *Hammock time as a stress reducer*. Presented at the 53rd Annual Meeting of the Southwestern Psychological Association, San Antonio, Texas. * *Student Research Presentation*
- Huerta, D., Wood, V.V., & Johnson, M. (May, 2008). *Mexican American college student dating: Experience and acculturation*. Poster presented at the 20th Annual Meeting of the Association for Psychological Science, Chicago, Illinois.
- Wood, V.V., Huerta, D., & Johnson, M. (May, 2008). *Mexican American college student dating*. Poster presented at the 10th Annual UTB/TSC Research Symposium, Brownsville, Texas.
- Cantú, E., & Huerta, D. (May, 2007). *Intimate partner violence*. Presentation at the 9th Annual UTB/TSC Faculty Research Symposium, Brownsville, Texas.