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**Deborah Healy, PsyD, LP**  
Professor of Psychology, Our Lady of the Lake University  
Chair, Department of Psychology/ PsyD Training Director  
Texas Licensed Psychologist, #31743  
Texas Licensed Professional Counselor #13374  
TEA Certified: School Counselor, Reading Specialist, English Teacher 6-12  
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## Academic Background

**PsyD** Our Lady of the Lake University, San Antonio, TX, - Doctor of Counseling Psychology –  
Degree Conferred 2000

<b>Other</b> - University of Texas at San Antonio	LPC Coursework 1992-1994
<b>M.S.</b> State University of New York at Albany, Reading Remediation -	Degree Conferred 1978
<b>B.A.</b> Utica College of Syracuse University, English Education -	Degree Conferred, <b><i>Summa Cum Laude</i></b> 1976
<b>A.A.</b> Mohawk Valley Community College, Utica, New York	- Degree Conferred, 1973

## Professional Licenses & Certifications

Texas Licensed Psychologist, #31743, 2001 (2001-Current)  
Texas Licensed Professional Counselor, #13374, 1995 (1995- Current)  
Mental Health First-Aid Trainer – 2018 Youth and Adult Modules (Certified)  
TEA Certified Professional School Counselor, 1993 (Lifetime), Texas  
TEA Certified Reading Specialist, K -12, 1986 (Lifetime), Texas  
TEA Certified English Teacher, 6-12, 1986 (Lifetime), Texas  
New York State Certified Elementary Teacher K - 6, 1976

## Professional Memberships

American Psychological Association 2021  
Bexar County Psychological Association (Past President)  
International Positive Psychology Association, 2017-2021  
National Association of Social Workers, 2017-2018  
APA Division 10, Society for the Psychology of Aesthetics, Creativity and the Arts, 2016-2017  
APA Division 17, Society of Counseling Psychology, 2014-2021  
San Antonio Association for Marriage and Family Therapy, 2014-2015  
Bexar County Psychological Association, 2013-2019  
Texas Psychological Association, 2013-2019  
APA Division 26, Society for the History of Psychology, 2012-2014  
Texas Counseling Association, 1993-2019

## **WORK EXPERIENCE**

### **Our Lady of the Lake University -2014 -Current**

Professor of Psychology 2022

Assistant / Associate Professor of Psychology (2014- 2021)

Interim Dean – College of Professional Studies (2020- 2021)

Chair, Department of Psychology (2016- Current)

PsyD Training Director, APA-Accredited Program (2014- Current)

SAMHSA Grant Project Director Mental Health Awareness Grant (2020-2021)

Adjunct Faculty, Our Lady of the Lake University (2012 - 2014), San Antonio, Texas.

Adjunct Faculty, Texas A&M University -San Antonio (2007 - 2014), San Antonio, Texas.

### **The Northside Independent School District - 1986-2014**

District Director of Guidance & Counseling Services, (2005 - 2014), San Antonio, Texas.

Federal Grantee, Project Director (Safe Schools, Healthy Students Grant), Northside Independent School District (2001 - 2005), San Antonio, Texas.

Post-Doctoral Trainee in Counseling Psychology, Psychological Services Division, Dr. Barry Dewlen, Supervisor (2000 - 2001)

Pre-Doctoral Intern in Counseling Psychology, (APA-Accredited Internship), The Austin State Hospital (1999 - 2000), Austin, Texas.

Professional School Counselor, Jack C. Jordan Middle School (1993 - 1999)

Reading Specialist, Anson Jones Middle School (1986 - 1993)

### **New York State 1976-1986**

English Teacher, New Hartford Central Schools

Sauquoit Valley Central School Districts

## **UNIVERSITY TEACHING EXPERIENCE**

### **Texas A & M University – San Antonio**

#### **Launched the MS in School Counseling at Texas A & M University –(System Center -2007 -2014)**

Started as one of two adjunct faculty members who launched the proposed MS in School Counseling at Texas A & M, System Center on the campus of Palo Alto College, Olivares Elementary School, Krueger Middle School and Brooks City Base in San Antonio, Texas.

Supported the process at Texas A & M System Center through various stages of independence- Transition to Texas A & M, Kingsville and finally Texas A & M San Antonio. Served on the Advisory Board for Education with the Dean of the College of Education and Kinesiology, Dr Eric Lopez. Taught core graduate classes until full time faculty members were hired and the university had a campus and an independent charter.

### **Our Lady of the Lake University – COURSES TAUGHT**

#### **PSYC 6358 - LIFE PLANNING AND CAREER DEVELOPMENT (3 Credits)**

Vocational choice theory, career choice and lifestyle, sources of occupational and educational information and career decision-making processes. Includes a personal career assessment battery. PSYC

**PSYC 7351 – HUMAN DEVELOPMENTAL ACROSS THE LIFESPAN (3 Credits)**

Social development of the individual as a process; ecological and familial settings for development as they interact with genetic and physiological patterns of growth and change.

**PSYC 8305 - COUNSELING THEORIES SCHOOL SETTINGS (3 Credits)**

Introduction to a variety of counseling theories and applications appropriate for use with children and adolescents in school systems and other educational settings.

**PSYC 8355 - PSYCHOTHERAPY WITH CHILDREN ADOLESCENTS AND THEIR FAMILIES (3 Credits)** Application of systemic therapies to individual and family psychotherapy with children and adolescents. Emphasis on cultural context and working with larger systems including schools, child protective services, and the court system. Examines areas that frequent need to be addressed when working with children and adolescents including family violence and abuse, substance abuse, gang violence and bullying

**PSYC 9101 - DOCTORAL PSYCHOLOGY COLLOQUIUM I (1 Credit)**

Broad overview of issues and practices in professional psychology. Current topics such as licensure, managed health care, professional organizations, applications of current research, legal and ethical issues in counseling psychology are addressed to help develop identity as a professional psychologist.

**PSYC 9102 - DOCTORAL PSYCHOLOGY COLLOQUIUM II (1 Credit)**

Broad overview of issues and practices in professional psychology. Current topics such as licensure, managed health care, professional organizations, applications of current research, legal and ethical issues in counseling psychology are addressed to help develop identity as a professional psychologist.

**PSYC 9166 - SELECTED TOPICS IN COUNSELING THEORY AND PRACTICE (1 Credit)**

Specialized courses which provide intensive, specific exposures to a chosen theory, psychotherapeutic practice, client population or clinical issue. May be repeated for credit when topic varies.

**PSYC 9196 – PROFESSIONAL WRITING II (1 Credit)**

Continuation of PSYC 9195 Professional Writing I with an emphasis on writing dissertation proposals and preparing internship application materials.

**PSYC 9197 - DOCTORAL PRACTICUM (1 Credit)**

Supervised practice of psychology including individual, family and group psychotherapy, psychological assessment, consultation, supervision, psycho-educational activities, and case management at the university clinic, or a designated off-campus site. Students must enroll in this course 7 consecutive semesters and continuously enroll in this course until completion of 1000 direct contact hours. Only 7 credits will be counted toward the degree plan.

**PSYC 9307 - POSITIVE PSYCHOLOGY (3 Credits)**

Positive psychology is the scientific study of positive experience, positive individual traits, and the institutions and practices that facilitates their development. This course reviews the history of positive psychology and the contributions this new field has made to research and practice. Areas of controversy will be critically examined

with consideration given to conflicting view points and their respective empirical support. Focus on the clinical application of positive psychology.

### **PSYC 9333 - ABNORMAL PSYCHOLOGY (3 Credits)**

Theoretical perspectives on etiology, development, and treatment and treatment of selected major and minor diagnostic categories of individual abnormal thinking and behavior. Topics covered include affective disorders, thought disorders and personality disorders

### **PSYC 9338 - HISTORY AND SYSTEMS OF PSYCHOLOGY (3 Credits)**

Examination of the history and systems in the field of psychology and psychotherapeutic practice. Relationship between the origins of psychological science and the development of the major theories of psychotherapy are explored. Emphasis will be placed in looking at the history of psychology within a cultural context, including race, ethnicity, gender, and class. The evolution of the field's code of ethics and standards of care will also be examined. Prerequisites: Doctoral level or consent of instructor. **PSYC**

### **PSYC 9352 - CONSULTATION (3 Credits)**

Emphasis on integrated models of consultation. Examination of major models of psychological consultation in various settings. Prerequisite: Doctoral level.

## **PUBLICATIONS**

**Healy, D., & O'Donnell, K.** (2021). Contemporary issues and counseling tropisms: Leaning toward child and adolescent student promise. In B. Jones & B. Durodoye, (Eds.), *Child and Adolescent Counseling: An Integrated Approach*. Springer Publications.

Page, T., **Healy, D.**, Ramos, C., Perez, V., Marietti, K., Dominguez, A., Logan, A., & Hudson, M. (Accepted with Edits). Reflecting teams in the virtual world: The double reflection of contextualized experiences. *The Journal of Systemic Therapies*.

**Healy, D. & O'Donnell** (2019). Safe schools are no accident: Fostering pro-social youth development for all students. In H. Watts, (Ed.), *Policing the US Educational System*, (pp Routledge: Abingdon, UK.

Perdomo, C., **Healy, D.**, Ceja, D. Dunn, K., Whiter, K. (2016). Kaleidoscopic shifts: The development of new understandings as therapists "go and find out." In L. Charles & G. Samarasinghe (Eds.), *Family Therapy in Global and Humanitarian Contexts: Voices and Issues from the Field* (pp. 125-137). Springer Publications.

## **FORMAL PRESENTATIONS AND WORKSHOPS**

Solorzano, B., **Healy, D.**, Hendren, D., O'Donnell, K, Scaletta, L, & Fuentez, A. (2022) Fostering hope in the therapeutic process. The Texas Psychological Association.

Sera, H., Johnson, K., **Healy, D.** (2022). Working with difficult people. The APA Minority Fellowship Psychology Summer Institute.

- Solorzano, B., **Healy, D.**, & Hendren, D. (2022). Hope, optimism, and collaboration in therapeutic conversations. *Life Changing Conversations*, Houston, TX.
- Hendren, D., **Healy, D.** & Solorzano, B. (2022). Hope and single session therapy (SST). The 2022 International Conference on Social Science, Humanities and Interdisciplinary Studies.
- Solorzano, B., & **Healy, D.** (2021). Normalizing Outreach During the Pandemic. *Life changing conversations*. Our Lady of the Lake University. Houston, Texas.
- Inman, A., **Healy, D.**, & Henington, C. (2021). Holding space. The APA Minority Fellowship Psychology Summer Institute.
- Healy, D.**, & Solorzano, B. (2018, June 18). Encuentro: Mentoring & facilitating. *Mission & Ministry*, Our Lady of the Lake University.
- Solorzano, B., O'Donnell, K. & **Healy, D.** (2020). Taking the "ism" out of diagnostic labels. The Boston College Diversity Challenge Conference, Boston. MA
- Holbrook, E., **Healy, D.**, Grinnan, C. (2020). Closing the tap! Regaining your health and strength through thoughtful self-care. San Antonio. Texas Counseling Association.
- Solorzano, B, **Healy, D.**, O'Donnell, K. (2020). Assuming curiosity: Infusing qualitative research into doctoral training in counseling psychology. Fort Lauderdale: FL. *The Qualitative Report*.
- Grinnan, C. and **Healy, D.** (2018). The use of self-reflection and creative expression in the identity of counselor development: Painting a picture of me. Presented at the 62<sup>nd</sup> Annual TCA Professional Growth Conference, Dallas, TX.
- Healy, D.** & Bobele, M. (2018). Hour by hour: Implementing walk-in, single session counseling in a school setting. Presented at the 62<sup>nd</sup> Annual TCA Professional Growth Conference, Dallas, TX.
- O'Donnell, K. & **Healy, D.** (2018). STEM: The great equalizer. Presenter at the Boston College Conference: The Diversity Challenge. Boston, MA.
- Healy, D.** & Bobele, M. (2018). Hour by hour: Implementing walk-in, single session counseling in a school setting. Presented at ClarityCon2018, San Antonio, TX.
- Gomez, R., **Healy, D.**, and Solorzano, B. (2018). Screening brief intervention and referral to treatment: Working with teens and families. Presented at the National Association of Social Workers, Dallas, TX.
- Healy, D.** (2017). The c-scape, Connecting content, concepts and creativity in the teaching of psychology. Presented to the Vancouver International Conference for the Teaching of Psychology, Vancouver, CA.
- Gomez, R., **Healy, D.**, & Solorzano, B. (2017). Screening, brief intervention and referral to treatment- SBIRT. National Association of Social Workers, Galveston, TX.
- O'Donnell, K. & **Healy, D.**, Harris, & N, Reustle, A. (2017). Safe schools are no accident: Prosocial development is key. Presented at the Boston College Conference: The Diversity Challenge. Boston, MA.
- Lopez-Charles, L., **Healy, D.**, Perdomo, C., Ceja, D., & Dunn, K. (2016). Family therapy in global and humanitarian contexts: Voices and issues from the field. Presented at the 47<sup>th</sup> Annual Meeting of the American Association of Marriage and Family Therapy. Indianapolis, IN.
- Alviar, L, Grinnan, C., **Healy, D.**, Guerrero, b. (2016). Ethics in mental health. Presented at the Winter Workshop of the South Texas Counseling Association. San Antonio, TX.
- Healy, D.**, Perez, C., Baldwin, M., & Garcia, A. (2016). The draw-bridge: Using art based modalities with children and teens. Presented at the Texas Psychological Association Conference, Austin, TX.
- Healy, D.** (2015). Psi Chi: Dream high. Invited Keynote, Psi Chi Induction, Our Lady of the Lake University, San Antonio, TX.
- Healy, D.** (2015). A constructivist approach: Inviting meaning-making through art-based activities in psychotherapy and counseling. ClarityCon2015, San Antonio, TX.
- Grinnan, C. & **Healy, D.** (2015). Who am I? Discovering strengths, vulnerabilities, and counselor identity through the use of creative arts. Presented at the 59<sup>th</sup> Professional Growth Conference of the Texas

Counseling Association, Corpus Christi, TX.

**Healy, D. & Grinnan, C.** (2015). The use of reflection and creative expression in the identity development of counselors: Painting a picture of me! Presented at the Texas Counseling Association School Counseling Conference, Galveston, TX.

**Healy, D., Perez, M., & Hutchinson, D.K.** (2014). Qigong and personal wellness. Invited Presentation, Northside Counseling Association. San Antonio, TX.

Zambrano, E., **Healy, D., Cox, E., & Bustos, V.** (2014). Essentials for directors of guidance and counseling: Maintaining a comprehensive developmental guidance and counseling program in a House Bill 5 environment. Presented at the Guidance Learning Institute of the 58<sup>th</sup> Professional Growth Conference of the Texas Counseling Association, Dallas, TX.

**Healy, D.** (2014). A vital safety net: Your school counseling program. Invited Workshop, Southwest Independent School District, San Antonio, TX.

Perez, M. & **Healy, D.** (2014). Qigong. Invited Workshop. Mexico City, Mexico.

**Healy, D. & Zambrano, E.** (2013). Critical incident response. Texas Association of Counselor Education and Supervision, Austin, TX.

## **DISSERTATIONS SUPERVISED**

Chairing = 5 On Committee = >20

## **GRANTS**

**Healy, D., Solis, C.,** (2022). Mental Health Awareness Training, Funding requested from the Substance Abuse and Mental Health Services Administration (SAMHSA) in the amount of \$500,000 for four years. \$250,000 awarded for years one and two.

Cuevas, M., J. Biever, **Healy, D., Gomez, R., Maurer, A.** (2019, Summer) Funding requested from the Substance Abuse and Mental Health Services Administration (SAMHSA) in the amount of \$375,000. \$375,000 received for three years.

Biever, J., Amodei, N., Williams, J., Burge, S., Cuevas, M., **Healy, D., Polanco, M., Gabel-Zepeda, S., Gomez, R., Phoenix, K., Gil, K., Squiabro, C.** (2015, Summer) Funding requested from the Substance Abuse and Mental Health Services Administration (SAMHSA) in the amount of \$945,000. \$945,000 received for three years.

## **OTHER SERVICE TO THE DISCIPLINE**

APA Minority Fellowship Program – Training Advisory Council Member (2020 – current)

Reviewer for *The Journal of Systemic Therapies* 2017- Current

Reviewer for *The Journal of Interpersonal Violence*, 2015 – 2018

## **MCNAIR RESEARCH SUPERVISION**

Antu, M. (July 2021). Diversity Children's literature & adult perceptions of the effects children's demonstration of social-emotional skills. The McNair Scholars. Our Lady of the Lake University.

## **LEADERSHIP ROLES IN PROFESSIONAL ASSOCIATIONS**

Past-President- Bexar County Psychological Association 2016-2017  
President – Bexar County Psychological Association 2015-2016  
President-Elect - Bexar County Psychological Association 2014-2015  
Member at Large for Membership - Bexar County Psychological Association 2014  
International Positive Psychology Association – Consultation Circle Member 2017-2018

## **UNIVERSITY SERVICE – Our Lady of the Lake University Committees**

Chair Department of Psychology 2016-Current  
PsyD Training Director -2014 to Current  
Dean Duties 2020-2021  
APA Accreditation Duties – Five Year Interim Report 2022  
Annual Report Online 2015- Current  
APA Accreditation Self-Study and Site Visit (Awarded 10 Years – Maximum Favorable Outcome)  
Lake Days Orientation July 23, 2022  
Grievance Committee 2016- current  
Mental Health Awareness and Training (MHAT Grant-sponsored Trainer - 2018-Current  
Mental Health Awareness and Training – Project Director, 2020- Current  
Student Behavior Intervention Team (SBIT) 2017 to current – Core Team Member  
School Counseling Program Advisory Board – 2020 to Current  
SBIRT Steering Committee 2015- 2018  
OLLU Fitness and Wellness Advisory Committee -2017-2018  
Student Affairs Advisory Board -2019  
DALE Steering Committee, 2014-2017  
Center for Women in Church and Society – Advisory Board Member 2015- Current  
Graduate Council Member -2015- Current  
Graduate Curriculum Committee, Co-Chair 2018 – 2021  
Faculty Assembly Executive Committee, 2018-2021  
Associate to the Congregation of the Sisters of Divine Providence  
Search Committee, Dean of Academics – Chair 2022  
Search Committee- Worden Director Search Committee – Chair 2018-2019  
Search Committees -Education Department, two Mental Health Counseling Professors, 2016-2018  
Search Committee -Director -Woolfolk School of Communication Disorders, 2018  
Search Committee Department of Biology –Assistant Professor, 2020  
Search Committee Department of Finance -Assistant Professor 2020  
Search Committee Department of Psychology –Assistant Professor, 2017, 2020  
Search Committees Department of Psychology – supported three Search Committees 2018  
Search Committees Department of Psychology – supported four Search Committees 2021 – Program  
Expansion of the MFT program in Houston and to the RGV  
Search Committee Dean of the College of Professional Studies, 2016  
External Member Dissertation Committees, Leadership Studies Program, 2015-2016  
Guest Speaker – Numerous classes  
Key Note Speaker – Psi Chi

## **SERVICE TO EXTERNAL COMMUNITIES**

Member of the American Psychological Association Minority Fellowship Program -Services for Transition-Age Youth Training Advisory Council (STAY TAC) – Three Year Term 2021-2024  
Donor to the Church Restoration – Santa Maria Assunta – Panni, Foggia, Apulia, Italia 2021, 2022  
The International Association of Positive Psychology - Selected Member of Peer-Consultation Circle  
Volunteer – Boys and Girls Club  
Developed / maintained the Family Therapy Collaborative – Free Services every Wednesday night, NISD & OLLU  
Diplomas Lumina Grant, P-20 Partnership -Mayor's 20-20 Campaign Advisory Board - 2012-2014

## **AWARDS & RECOGNITIONS**

Fellow of the Year Bexar County Psychological Association – 2022  
The Sister Jane Ann Slater Leadership Award, Faculty –Our Lady of the Lake University 2021  
Bexar County Psychological Association –Service Award – President  
Bexar County Psychological Association –Service Award – Past President  
Bexar County Psychological Association – Service Award – Member at Large  
Key Advocate - 1 in 5 Minds Campaign, Clarity Child Guidance Center  
Educator of the Month – Anson Jones Middle School - 1987  
Educator of the Year – Sauquoit Valley Central Schools - 1985