



Message to All OLLU Community

2-25-2020

3:48 p.m.

Sent from Marketing and Communications email box to AnnouncementsAll

Spring Break travel information/advisories

Spring break quickly approaches, and some members of the university community are planning to travel abroad. Exploring the world offers many opportunities for education and growth. With that said, the university offers the following information on international travel plans. It is important to note that there continues to be global health concerns over COVID-19 (2019 Novel Coronavirus), and the university continues to monitor the situation.

Travelers are reminded to stay informed on travel advisories based on route and final destination. Example: Students, faculty, and staff are advised to keep in mind the Level 3 travel warning (Avoid Nonessential Travel) to China. The COVID-19 situation remains fluid, additional countries may adopt restrictions with very little lead time. Centers for Disease Control (CDC) country information can be accessed on the [CDC website for travelers](#).

All members of the OLLU community are encouraged to closely evaluate all nonessential travel during the spring semester. If you are currently making plans for international travel, consider the following in making your decision:

- Travel restrictions do change. Before you travel, check Travel Advisory and Alerts for your destination(s) at [travel.state.gov/destination](#). Be sure to read further country-specific details on the same page that could affect your travel, such as entry/exit requirements, local laws and customs, health conditions, transportation, and other relevant topics.
- Purchase travel insurance in case of a disruption to your plans.
- Consider the possibility that countries you are visiting may decide to implement restrictions while you are outside the U.S.; flights could be cancelled; and additional quarantine measures or restricted re-entry into the United States could be implemented.

If you are overseas and in need of emergency assistance [contact the nearest U.S. embassy or consulate](#). If you are concerned about a loved one overseas, please call:

- From the U.S. and Canada - 1-888-407-4747
- From Overseas - +1 202-501-4444

What can travelers do to better protect themselves and others?

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after coughing, sneezing or blowing your nose. If soap and water are not readily available, you can use an alcohol-based hand sanitizer that contains at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- Make sure all immunizations are current.
- Avoid contact with sick people.
- Discuss travel with your healthcare provider. Older adults and travelers with underlying health issues may be at risk for more severe disease.
- Avoid animals (alive or dead), animal markets, and products that come from animals (such as uncooked meat).
- Enroll in the [Smart Traveler Enrollment Program \(STEP\)](#) to receive alerts and make it easier to locate you in an emergency.
- Follow the Department of State on [Facebook](#) and [Twitter](#).
- Review the [Crime and Safety Reports](#) for your destinations.
- Travelers should always have a contingency plan for emergency situations. Review the [Traveler's Checklist](#).

Your safety and well-being are important to all here at OLLU. The Office of Health Services provides the following links to keep you updated:

[Summary of outbreak and response](#) (CDC)

[Information on symptoms, prevention, and treatment](#) (CDC)

[US situation summary](#) (CDC)

[International Summary](#) (World Health Organization)

[Myth Busters](#) (World Health Organization)