Fourth of Sunday of Lent

A Season of Fasting & Feasting

Lent should be more than a time of fasting. It should also be a joyful season of feasting. Lent is a time to Fast from certain things and to Feast on others.

Lent is a season to:
- Fast from judging others; Feast on Christ indwelling.
- Fast from emphasis on difference; Feast on unity.
- Fast from darkness; Feast on the light.
- Fast from thoughts of illness; Feast on God’s healing.
- Fast from words that pollute; Feast on affirmations.
- Fast from discontent; Feast on gratitude.
- Fast from anger; Feast on patience.
- Fast from pessimism; Feast on optimism.
- Fast from worry; Feast on Divine Providence.
- Fast from complaining; Feast on appreciation.
- Fast from bitterness; Feast on forgiveness.
- Fast from self-concern; Feast on compassion.
- Fast from discouragement; Feast on hope.
- Fast from lethargy; Feast on enthusiasm.
- Fast from suspicion; Feast on truth.
- Fast from problems; Feast on prayer.

Liturgical Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 22</td>
<td>7pm Mass of Wholeness &amp; Healing with Sacrament of Anointing</td>
</tr>
<tr>
<td>March 29</td>
<td>7pm Liturgy &amp; Dinner Celebrating Dillo #38 Awakening: All Invited</td>
</tr>
<tr>
<td>March 30</td>
<td>7pm The Passion &amp; Reconciliation Service with Sacrament of Penance</td>
</tr>
</tbody>
</table>

Sacrament of Anointing

Tonight we celebrate the Sacrament of Anointing. All are invited to come forward after the Homily to receive the Laying on of Hands and the Anointing with the Oil of the Sick. This is meant for all who have any distress in mind, body, and spirit. The Anointing is administered to bring spiritual and even physical strength to those who receive it. It is a rite that is performed to convey God’s grace to the recipient, through the power of the Holy Spirit.

Weekly: Celebration of the Eucharist

- 7:00 p.m. Sacred Heart Chapel
- Sunday Evenings
- 12:30 p.m. Walter Center 2nd Floor Chapel
- Tuesday, Wednesday and Thursday
- 4:30 p.m. Annunciation Chapel, Convent Center
- Monday

Tuesdays: Night @ the Movies

The Gods Must Be Crazy this week

- 10 p.m. Library Community Room FREE POPCORN

Wednesdays: Soup & Scripture

12noon the Mall—This Week POZOLE & PROPHETS

Fridays: Stations of the Cross: Grotto

- 10 a.m. in Spanish and 3 p.m. in English

Faculty / Staff Retreat: Providence of Lent

Friday, March 27 | 10 a.m. - 2:30 p.m

#38 Awakening Retreat

March 27-29 @ Camp La Junta

Contact Campus Ministry for more Info

Culture Kitchen

RSVP THIS WEEK

LAKE UNDERGROUND
OUR LADY OF THE LAKE UNIVERSITY

MARCH 27 THURSDAY @ 10 PM

Library Community Room

JOIN OUR CHAPEL CHOIR!

If you like to sing, we need you! See José after Mass

Next Sunday’s Readings: Jer 31:31-34; Hebrews 5:7-9; John 12:20-33