Lent Starts This Wednesday
A Season of Fasting & Feasting
Lent should be more than a time of fasting. It should also be a joyful season of feasting. Lent is a time to Fast from certain things and to Feast on others. Lent is a season to:
- Fast from judging others; Feast on Christ indwelling.
- Fast from emphasis on difference; Feast on unity.
- Fast from darkness; Feast on the light.
- Fast from thoughts of illness; Feast on God’s healing.
- Fast from words that pollute; Feast on affirmations.
- Fast from discontent; Feast on gratitude.
- Fast from anger; Feast on patience.
- Fast from pessimism; Feast on optimism.
- Fast from worry; Feast on Divine Providence.
- Fast from complaining; Feast on appreciation.
- Fast from bitterness; Feast on forgiveness.
- Fast from self-concern; Feast on compassion.
- Fast from discouragement; Feast on hope.
- Fast from lethargy; Feast on enthusiasm.
- Fast from suspicion; Feast on truth.
- Fast from problems; Feast on prayer.

February 25: Ash Wednesday
Spanish Mass with Distribution of Ashes
10 a.m. in Sacred Heart Chapel
Mass with Distribution of Ashes
12:30 p.m. in Sacred Heart Chapel
Liturgy of the Word with Ashes
4:00 p.m. in Sacred Heart Chapel
Liturgy of the Word with Ashes
7:00 p.m. in Sacred Heart Chapel

Weekly: Celebration of the Eucharist
7:00 p.m. Sacred Heart Chapel
Sunday Evenings
12:30 p.m. Walter Center 2nd Floor Chapel
Tuesday, Wednesday and Thursday
4:00 p.m. Annunciation Chapel, Convent Center
Monday and Friday

Wednesdays: Soup & Scripture
12 noon in the Mall

Fridays: Stations of the Cross: Grotto
10 a.m. in Spanish and 3 p.m. in English

Tuesdays: Night at the Movies
Lights, Camera, Faith
10 p.m. Library Community Room begins in March

Women’s Retreat for OLLU Students
THE UN-NAMED WOMEN of the BIBLE
February 27 & 28 – Overnight at Moye Retreat Center
Only $10.00 - See Brother Mike after Mass

Retreat 4 Busy People: Not By Bread Alone
Sign up for a Journey through Lent with a Sojourner in Campus Ministry or after Mass tonight.

Faculty / Staff Retreat: Providence of Lent
Friday, March 27 | 10 a.m. - 2:30 p.m

Liturgical Calendar
February 22 7pm Liturgy: WSWO Sponsored
February 25 Ash Wednesday: LENT Begins
March 22 Mass of Wholeness & Healing with Sacrament of Anointing
March 30 The Passion & Reconciliation Service with Sacrament of Penance

#38 Awakening Retreat
March 27-29 @ Camp La Junta
Contact Campus Ministry for more Info

JOIN OUR CHAPEL CHOIR!
If you like to sign, we need you! See Jose after Mass

LAKE UNDERGROUND IS COMING

Next Sunday’s Readings: Gensis 9:8-15; 1 Peter 3:18-22; Mark 1:12-15